

1A Pau Street PO Box 296 Lithgow NSW 2790

P: (02) 6352 1422 F: (02) 6353 1081 E: lithgow-h.school@det.nsw.edu.au

## WELCOME TO YEAR 7 OVERNIGHT EXCURSION

Dear Parents/Caregivers,

As part of the focus on student's personal and social growth, the Student Support Team (SST) conducts a two-day Overnight Camp for Year 7 and Year 8 Students in Term 2. The camp incorporates an Outdoor Education and Leisure Component, and provides students with diverse enjoyable learning opportunities. The camp is an opportunity to develop and promote positive peer relationships in their first year of High School.

The camp will be conducted by YMCA Camp at their Yarramundi Facility, from **Tuesday 20th and Wednesday 21st April 2021** (Term 2 Week 1). The objectives of the camp are to:

- Provide students with a sense of community and belonging
- Develop their respect for other students
- Improve their feelings of self-worth, confidence and provide them with a sense of achievement
- Develop their communication and social skills
- Develop their physical and recreational skills

Students will be participating in a wide range of activities including canoeing, giant swing, high ropes, abseiling, flying fox and bushcraft as well as organised night time activities. The venue for this year has basic cabin style accommodation, indoor and undercover dining and recreation areas, hot and cold showers. All guides and instructors are fully qualified. Students will rotate through activities in groups and will be accompanied at all times by a Lithgow High School staff member. Catering is provided for all breakfasts, morning teas, lunches, afternoon teas, 2 course dinners and suppers. Special dietary needs can be accommodated provided notice is given. If you would like further information on the venue you can access the YMCA Camp Yarramundi website at http://camping.ymcansw.org.au/camp-yarramundi

The overall cost of the camp will be approx. \$190.00. It will be possible to pay for the camp by instalments. This will assist families in this outlay and help us confirm our numbers. Payment plan will be: Deposit of \$65 due in Week 6 (next week); \$65 due in Week 8 and \$60 due in week 10 of Term 1.

We hope to have as many students as possible on the camp. There will be a focus on behaviour. If there is any unacceptable behaviour parents will be responsible for picking up their child from the camp. Any student that has been suspended during 2021 will need to make a separate application to attend the camp via the Deputy Principal.

Please do not hesitate to contact Ms Marlin Year Adviser, Mr Dean or Mr Jeffers, Deputy Principals' to discuss your son/daughter's inclusion in this camp.

Yours faithfully,

Dean

Erika Marlin **Year 7 Student Adviser**  Jeff Dean Deputy Principal

Anthony Johnston **Principal Relieving**