

#### Lithgow High School

# H H

#### **NEWSLETTER**

30<sup>th</sup> October, 2015

Pau Street Lithgow 2790 PO Box 296 Tel 6352 1422 Fax 6353 1081 email lithgow-h.school@det.nsw.edu.au

#### STATE CHAMPS



See pages 23- 25 for full hockey report

# **GONSKI**

Our children are worth it

#### **PRINCIPAL**

#### Lithgow High School and the Gonski funding model.



This week is Gonski week and as such it is appropriate to explain how this increased funding is being used to enhance learning of every student at Lithgow High School.

As a Regional High School with significant number of students enrolled in the bottom two quartiles of disadvantage – [above 70%], Lithgow High School receives large amounts of additional funding. The Gonski model also known as the Resource Allocation Model, provides additional funding based on the needs of the students actually enrolled in the school. Lithgow High School has received

nearly \$800,000 in additional funding in 2015, across 5 loadings: equity loading, Rural and Remote Funding, low level adjustment for Disability and for Aboriginal Students and those from backgrounds other than English.

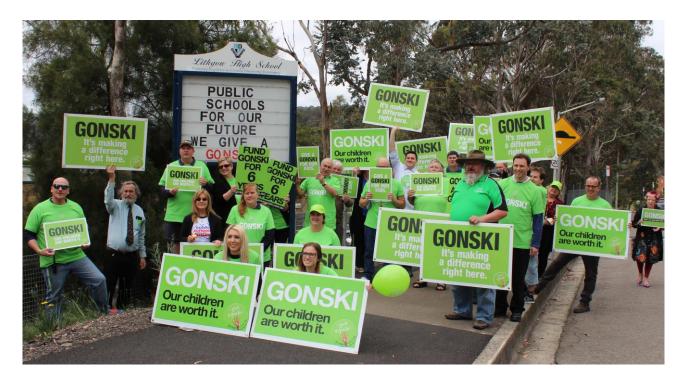
This additional funding has been carefully targeted via our School Strategic Plan and in consultation with the community to lift the learning and participation of all students. The funding has allowed the school to hire additional Learning and Support Staff, Teacher's Aides, triple our student assistance budget, hire additional staff to support Aboriginal Students, roll out our BYOD Project, enhance Technology in classrooms, build regular Professional Learning for our staff, run Senior Tuition in the Library, purchase large software programs and other resources for students, pay for buses to excursions to ensure all can attend, run the Whole School Attendance Plan, develop Year 7 Teaching Teams and effective Transition Programs and begin targeted Social Skills Programs for students at risk.

We need this to continue beyond 2016!







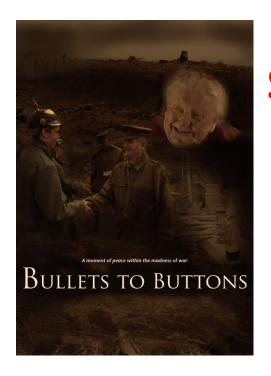




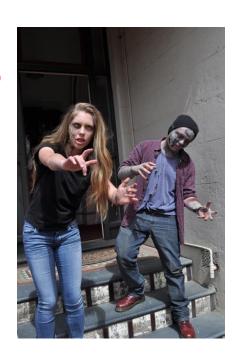








# STOP PRESS WINNERS LHS FILMMAKERS ATOM AWARDS THE GIFT -



# BEST MIDDLE SCHOOL AND BULLETS TO BUTTONS - BEST PRIMARY SCHOOL

# Courtney featured Artist at Spectacular and HSC ENCORE



Courtney Clarke has been nominated to be part of the prestigious Encore program. This is for students whose performances at the **HSC** examinations of are the highest standard. Courtney has been performing over many years in School Musicals, Dance Performances, Musical Society productions and many

other performances. She has been selected to be part of the Department of Education's Talent Development Program and is a featured soloist for the last two years in the School Spectacular. Courtney is a very talented student who hopes to make a career in this area. There is no doubt that Courtney will make a name for herself in the future. Lithgow High School is very proud of Courtney and her achievements.

Rae Burton - CAPA Teacher

#### **NAIDOC CELEBRATIONS AT LHS 2015**



#### **NAIDOC WEEK**

On the first of September 2015 Lithgow High School came together to celebrate NAIDOC Week.

**Bob Sutor** visited the school to speak about the theme of NAIDOC and the importance of sacred ground. He talked about the sacred ground as being like our churches and how it is important to show respect on these lands.

We celebrate NAIDOC Week to acknowledge the great spirits of mother earth and the knowledge they give us about the dream time.

He talked about the Didgeridoo or Yidaki, as it's known by the Wiradjuri People, and how the animal spirits channel through it when it is played to create the sound of the land and its animals. The Yidaki is very sacred to the Aboriginal People; it is never carried around and is kept in a sacred place.

Indigenous children performed three dances for the school, the Clearing Dance, the Cockatoo Dance and the Sister Dance. Every Aboriginal Dance has a meaning and a purpose. **Alayah Lincoln** and **Corrina Piggot** talked about the significance of each dance

**The Clearing Dance** – the clearing dance is always first as this dance clears all the bad energy. Each person who participates in this dance is equipped with gum leaves.

**The Cockatoo Dance** – the cockatoo dance celebrates the beautiful and majestic movements of the Sulphur (Crested Cockatoo).

**The Sister Dance** – the sister dance celebrates the lives of the young women of Lithgow

The Indigenous Children competed in the Annual Lithgow High School Indigenous Games. These games are traditional games from all across Australia and the Torres Strait Islands, both Indigenous and Non-Indigenous. The games are symbolic for cultural respect.

Bob Sutor presented the award to the winning team:

- The Dingos received a score of 179
- The Snakes received a score of 181
- The Kangaroos received a score of 407
- The Emus came on top with a score of 587

Bob presented the Emus Team Captain, Ryan Bilby, with the Yidaki (Didgeridoo) Trophy. Thank you to the Captains of the other teams, **Nick Gardener**, **Jarrod Northey**, **Thomas Cafe** and their teams.

Lithgow High School has approximately 90 Aboriginal and Torres Strait Islander students.

**Mr Quirk**, Deputy Principal of Lithgow High School presented the Academic Excellence Award - Higher School Certificate: **Ben Cox** - School Captain 2014/15

Stage 4 Encouragement Award - Kessia George - Year 7

Skillset School-Based Trainee of the Year - Lilly Dawson - Year 12

**Uncle Owen Smith**, President of the AECG and Bro Speak mentor, presented the LHS Deputy Awards for Great Achievement and Academic Excellence - Hannah Bartlett – Year 12, and **Brayden Café** - Year12, both completed School Based Traineeships

The Positive Attitude to Learning - Geordie Goodwin - Year 7

Practising Yindymarra - Hyacinth Bartlett - Year 10 and Josie Andrews - Year 7

Caring for Others - Madison Hollands - Year 7

Cultural Pride - Philip McPherson - Year 9

The Academic Excellence, Positive Attitude Awards were awarded to:

- Alayah Lincoln
- Eli George
- Kate Francis
- Corrina Piggott
- Matilda Cafe

We would like to thank our special guests, **Bob Sutor and Mr Owen Smith** as well as all the aboriginal dancers and their mentors.

Lara Compton, Faith and Callie Capomolla and Beth McGovern-Press Club

#### **DEPUTY PRINCIPAL**

#### **Leadership Opportunities**



This Term the School will be providing number a Leadership Opportunities for students to further develop leadership skills across the school. This week Mayor of Lithgow, Mrs Maree **Statham** hosted a number of Leaders from Year 10 aspiring to be part of the Leadership Group in the Senior School. The day

covered a number of topics including Motivation, Self-Esteem, Speech, Grammar and learning how to deal with stress. The day was very successful and provided an opportunity for future links with local leaders. The Student Representative Council will also be attending the **GRIP** student leadership conference in the coming weeks. We are excited to hear how the learning gained can be implemented in the school.

#### What's happening in Year 11?

On Tuesday the 20<sup>th</sup> of October the Annual HSC Night was held in the Library for Students and Parents. Presentations focused on Lithgow High School Rules and Procedures with an emphasis on Board of Studies requirements. It was also an opportunity to present the Updated Assessment Policy that has been refined based on Feedback and Ongoing Evaluations. Scheduling of Assessment Tasks has been a focus for the school and will continue to be throughout the year. I would like to thank the high number of students and parents that attended the evening and look forward to working with you throughout the year. If anyone has any questions regarding any of the information presented, please don't hesitate to contact the school.

After reading the Year 11 Reports I have been impressed by the committed group of conscientious students capable of achieving outstanding results over the next 12 months. It is now time to take it to the next level as we move into the HSC year.

A reminder to all parents/caregivers that Presentation Day is on Friday 6<sup>th</sup> of November at 9.30am, and is a great way to celebrate the end of the Preliminary Year. Hope to see you there.

#### Parking at the school

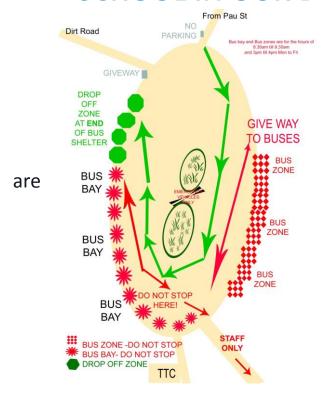
A reminder that the Car Park near the Admin Building and at the bottom of the Methven Building is for **Lithgow High School Staff** only. We have previously had problems trying to accommodate all staff in the school in this area due to building works. If members from the community are dropping students off or picking them up, safety can be a concern due to the high volume of cars. Below is an attachment of the **Current Arrangements** in the Bus Bay regarding parking. Bus Bay, Drop off is permitted in the morning and not permitted in the afternoon.

Year 11 Student Parking- a reminder that students currently wishing to park in the car park behind the school need to get permission from a Senior Executive member of staff. Students will be issued with a Parking Permit after they reach Gold on the Commendation Level and provide the necessary documentation. Parking Permit will need to be displayed on the dash board.

#### **Changes to Uniform**

A new **Uniform Policy has been approved** by the Executive, P & C and the Student Leadership Group. **Hoods are permitted** and are available from the Uniform Shop. In the coming weeks the school will be designing new procedures for **students repeatedly OUT OF UNIFORM**. Students will be made aware of the expectations and a detailed explanation of the requirements will be presented and will become part of the PBL focus. With all this in mind it is important that students are in full school uniform at all times. There will be more information to come.

# REMINDER FOR PARENTS DROPPING OFF AT SCHOOL IN OUR BUS TURNING CIRCLE



Reminder to LHS parents and students, the bus bay and school grounds have traffic management devices installed (signs) and these patrolled by police on a regular basis. Fines and demerit points will apply for parking and speeding infringements.

Matthew Quirk

#### **DEPUTY PRINCIPAL**

#### Transition - Year 6 into 7 2016

There are a few events approaching for transitioning students into Year 7 for 2016. Next Thursday 5<sup>th</sup> November is an Information Evening for Parents and Students of Year 7, 2016. This evening will start at 5.30pm in the Library. During this evening, we will go through opportunities for Students at High School, an outline of a General School Day and Curriculum for Year 7, Bring Your Own Device and an overview of how this program works. Parents will also have the chance to talk with the Year Adviser and other members of the school staff that support students in the transition to High School. Upcoming transition events include - Small Schools Day on Thursday 12<sup>th</sup> November and Orientation Day on Thursday 3<sup>rd</sup> December.

#### **Year 8 Camp**

Last Week a large group of Year 8 Students attended the annual Great Aussies Bush Camp. This camp experience was led by **Mr Mantei**, the Year 8 Year Adviser, with Mr **Guihot** and **Miss Waistell**. The Camp is an Outdoor Recreation based learning experience where students engage in fun challenging and memorable activities. Students engaged with activities including High Ropes, Rock Climbing and a Survivor Challenge.

#### Year 12

Year 12 are beginning to finish their HSC examinations. After the exams have finished, students will need to finalise and sign out of school. This process requires students to complete a Clearance Form. These forms are available through the Front Office. After students have completed clearance, then they can obtain their School Reference and organise their Graduation Tickets.

#### **Senior Tuition**



Senior Tuition is available daily during Student's Study Periods in the Library, providing assistance with Assessment Tasks and Study Techniques in all subject areas. We also offer Thursday afternoon tuition for Seniors including those who have a full timetable with no Study Periods. We are here to provide support, motivation and stress management during the senior years. A variety of resources are available for students to borrow.

#### **INDIGENOUS GAMES**





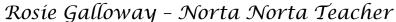






On Tuesday 27<sup>th</sup> October, Year 6 Aboriginal Students visited Lithgow High School for a Transition Morning in preparation for entering Year 7 next year. Students from Wallerawang Public School, Lithgow Public School, Cooerwull Public School and Zig Zag Public School had a great time. There was important Cultural Learning from Uncle Owen, the boys had a fun time using the Bull Roarer, everyone made Johnny Cakes and played Traditional Indigenous Games. It was a fantastic way for these students to meet Lithgow High School Staff, Aboriginal Community Members and the other future Aboriginal Year 7 students.

Unfortunately the inclement weather meant we had to spend a lot of the session indoors instead of outside in the Gawaymbanha Garden, but all the students had a terrific time and are looking forward to starting at Lithgow High next year. We would like to give a special thank you to Uncle Owen and Aunty Gail for kindly donating their time to the students.









# DRAMA NEWS The Wonderful Wide World of People



Students from the 7A class at Lithgow High School performed at Cooerwull last Thursday for the Stage 3 Classes. The play was based on the American Talk Show model and introduced a wide variety of strange and exotic characters, including a vegetable trainer and a girl who eats moving cars.

The students worked hard for over a term putting the show together, learning lines and making costumes. They gained fantastic performance experience and learned about Stagecraft and Characterisation.

The performance was aimed at strengthening the ties between the Lithgow High School and Cooerwull, giving the Primary School students a chance to see some of the opportunities they may have when they transition to High School. This initiative has been running for two years now and has proved very successful.

Students in photo:

Back Row: Ryan Bird, Jacques Roberts, Rhiannon Marshall, Caleb Traish, Logan

Poppett, Evan Brown

Middle Row: Callie Capomolla, Ellie Thompson-Spillane, Heather Sy

Front Row: Faith Capomolla, Shae Bradford

Brett Jeffers- English/Drama Teacher

## The Twits



Year 9 and Year 10 Drama put on a Spectacular Stage Play adapted from the famous Roal Dahl story The Twits early this month. Year 3 and 4 students at Lithgow Primary and Cooerwull were enraptured to watch the famous Twits play nasty tricks on one another, coming to a sticky and timely upside down end at the hands of the Mugglewumps and the Roly Poly Bird.

The main characters The Twits performed brilliantly by **Eli George, Amy Muir** and **Isaac Christofis** had the young audience laughing enthusiastically as the truly horrible husband and wife team bumbled and blasted the poor Mugglewumps across the stage. The young primary school audience were thrilled to see the heroic Mugglewump Monkeys performed by the Year 9 Drama Ensemble; **Jacqueline Puddle, Albert Daniel, Jarrod Stoneley** and **Callan Spillett** outwit The Twits and enact a timely and imaginative revenge.

The other main character, Roly Poly Bird played by **Erika Major** thrilled the audience with a magical costume she created and a brilliant and engaging performance to match. One of the wonderful things about The Twits was how the play engaged and involved the young Year 3 and 4 audience to the extent that the audience even took off their shoes and placed them on their hands to appear upside down at the finale of this hilarious and well-staged production.

#### YEAR 12 PRESENTATION DAY CEREMONY







**Kyrstelle Zuanic** - L J Hooker award for Academic Excellence, 1<sup>st</sup> in Year 12, **Emma Brown** and **Jessie Luchetti** received the Centennial Coal Award for Consistent Endeavour, 2<sup>nd</sup> and 3<sup>rd</sup> overall highest marks in Year 12, **Jessie Luchetti** Caltex Best All Rounder Award, **Jessica Lawson** - Ian Lancaster

**Benjawan Bansuntiah** and **Jessica Morcom** - Phil Duncan Scholarship, **Casey Robson** and **Blake Holmes** - EnergyAustralia Award for School Citizenship, **Courtney Clarke** - Lithgow Musical Society Award , **Madison Haddon** -P&C Encouragement Award, **Ben Cox** - Rotary Club Award, **Emily Thompson** - Crowe Horwath Pty Ltd

























School Captains and Mr George, Year Adviser cutting the Farewell cake.

Sporting Awards - Lachlan Sharp - Pierre De Coubertin Award & Doug Moffit Memorial Trophy - Sportsman of the Year, Clare Bosman - Helen Frith Award Consistent Effort in Sport, Mitchell Case - Merv Rayner Cup - Fairest Rugby League Player, Ryan Bilby - Kelvin and Robert Lounder Memorial Trophy - Most Improved Rugby League Player.

## Press Club Pages

#### **10 QUESTIONS WITH AMY**

#### MUIR!

1. Full name: Amy Lilian Muir

2. <u>Date of Birth:</u> 9<sup>th</sup> of December 1999

3. Favourite...

Animal: A Tiger Food: Nachos

Subject: All the creative ones! (E.g.

Drama and Dance)



- What do you like/ Dislike about Lithgow High?
   I like some of the people but dislike the paint. It's disgusting.
- 5. What are your future plans after you leave school?
  Get a job, go to University and do some exciting things!
- 6. <u>If you were Prime Minister for a day what would you do?</u>
  I would make some actual decisions!
- 7. What is your biggest fear? Mascots
- 8. Do you have any hobbies? Sport, Music and Reading
- 9. If you were given 1 million dollars what would you do with it? I would build a house, buy a puppy and give some to charity.
- 10. What is one of your most embarrassing moments? Once when I was sitting on a stage I fell off and ripped my pants. (I was only little ok)

Alannah Stoneley and Brooklyn Mackie - Press Club

#### TECH REVIEW - Lorenz Potthast was a first-year arts student when he



designed the Decelerator helmet – a hefty piece of headwear that allows the wearer to experience a slowed-down world. "I didn't just want to design another app to make grocery shopping easier," he says. "I wanted to do something experimental that could give a real experience."

The helmet is simply a shiny metal

dome that records the view from a front camera and processes it through a small computer to a screen in front of the wearer's eyes. The slow-motion is controlled by a handheld remote. "The first three minutes are just confusing, but then you get a feel for it and you become the director of your own perception," he says. "It's alienating, because you're experiencing time at a different speed to your own surroundings so you can't really interact, but it's also somehow fascinating. People often don't want to take it off again."

Despite the attraction, Potthast, 23, has no ambition to market the helmet commercially. "It was never meant as a product," he says, and yet finds himself increasingly in demand from conferences, exhibitions and entrepreneurs worldwide. The most recent was in March, from a physical rehabilitation clinic in Italy, Villa Beretta. The director, Dr Franco Molteni, had heard of the helmet and recognised its potential as a therapeutic aid for his disabled patients.

"I hoped there could be a real use for it," says Potthast, "so the call from Villa Beretta was the nicest thing that's happened to me so far." After numerous studies with volunteer patients at the clinic, Potthast and the Italian doctors eventually found an intriguing possible use for the helmet. One patient, who had suffered a stroke and could no longer fully open his hands, was motivated to overcome this physical barrier after wearing the helmet during his exercises and seeing his fingers unfold in slow motion. "It's a bit like tricking the brain," Potthast says, "but they're considering developing it into a real research topic." For Potthast and his slowmotion helmet, it seems success has been very rapid indeed.

Matthew Palmer - Press Club



Full Name: Samantha Anne Bech Luchetti (nee Frandsen)

What is your role at Lithgow High? Community Liaison Officer

What are your favourite colours? Blue

What annoys you in class? I'm not in class, I have my own office!!!!

What schools did you go to? Cooerwull Infants and Primary then Lithgow High

What are your hobbies? Running, snow skiing, travel and my kid's hobbies – hockey hockey and more hockey

What are your greatest achievements? My kids (they made me say that) Describe yourself in three words:

- 1. Energetic
- 2. Loyal
- 3. Creative

What did you want to be when you were a kid? A Hairdresser

Do you have any nicknames? Sam, Sammie, Mumsy, fatso (only by my dad)

What is your greatest fear? That I'll be one of those old ladies with a grey bun!!!

How long have you been teaching? I have been at LHS for 8 years, how time flies

Rate yourself on the following (1-10)

**Driving:** 9 –"I Rhonda, very safe driver" **Sport:** 6 – "not as good as I used to be" **Shopping:** 10 – "I is a very good shopper"



#### LISTENING PROGRAM



Lithgow High School has been piloting an innovative listening program with selected students. This program is a system that works on the theory of engaging the brain's natural plasticity to develop а healthier, better functioning brain which engages the brain's NATURAL ability to change itself in order to improve its performance. The brain prefers welcoming and novel challenges, so basically if we like something and find it interesting the brain is make more likely to **NEW** CONNECTIONS!

The current group has been working through the 'Condensed Program" which requires listening

for 30 minutes of specifically selected music per day, five days a week over 10 weeks. They are listening to specifically designed music that is enhanced with nature sounds and targets four specific zones of the body.

All students participating in the program are most positive about attending on a daily basis and look forward to their session. They are very interested in how the program works and have already seen changes in their abilities.

#### Comments such as:

"It helps me listen in class and learn better and remember stuff – helps me know what I am doing."

"I'm more focused and not so distracted – it helps me to focus and not hear other sounds around me."

We have seen some excellent improvements in skills as well. Some students who have also been involved in the Quicksmart math's program seemed to have slowed their advancement but showed significant improvements once they reached the middle stage of the listening program.

The best thing about this program is that the students have actually realised they ARE now capable of doing things, and so they have more confidence.

# The "Great Aussie Bush Camp"

As tradition commands, Year 8 and the Year 8 Adviser headed out to The Great Aussie Bush Camp. Despite the fact that the Year Adviser forgot to bring a suitable collection of DVDs for the long bus trip, it went without a hitch. Songs were sung, iPods were plugged snugly into the ears and the ebb and flow of noise echoed across the seats.

#### (Fun in the Sun on the Bush Camp)

Once we arrived the students were constantly engaged in a wide range of activities that challenged their comfort zones, brought out their hidden strengths and united them as a year group. The Giant Swing, The High Ropes, Power Fan and Rock Climbing brought about wonderful scenes of our dedicated and passionate teachers assisting Year 8 students overcome fears and achieve goals that would stay with them long after they left the camp.









As always, the Camp Leaders were inspirational in the way they kept up the enthusiasm of the students and kept them engaged and on the move. The fun never stopped and by the end we were all exhausted.

Next stop, the Year 10 Ski Trip in 2017.

Erich Mantei - Year Adviser



From the 21<sup>st</sup> to the 23<sup>rd</sup> of October around 40 of our Year 8 students travelled to Kincumber, to attend the annual Great Aussie Bush Camp. We participated in many Environmental and Educational Programs to help improve our team building to overcome our fears whilst still having fun. The overall excursion was a wonderful experience and an overwhelming success for those who attended. Some of the activities included rock climbing, the giant swing and the 13 metre high power fan.

Thank you to **Mr Guihot, Miss Waistell** and special thank you to our fabulous Year Adviser, **Mr Mantei** for organising the trip and contributing his time and effort.



In our eyes, the entire Great Aussie Bush camp was a great learning experience to become closer and bond with our fellow peers. We participated in all activities whilst some were more fun than others. A personal highlight of ours was Lost Island (an obstacle course full of mud) and the fun filled night activities.

Makenzie Denley, Miranda

Swift, Kellsey Charlton, Lauren Trounce and Matilda Café-Press Club















## Year 12 Study Day

As the previous group of Year 12 celebrated an emotional final day of school, on the last day of school last term, a new

anxious group has taken filled their place. On the first day back at school, 9<sup>th</sup> October, the new group of Year 12 were treated to some workshops to hopefully prepare them for the year to come. These workshops included topics such as Stress Management, Goal Setting, Note Taking, Accessing Information Electronically as well as techniques to improve Essay and Extended Response Writing. These workshops were great for picking up useful tips that every student can use. Good luck to our new group of Year 12 students for the year to come and once again good luck to the previous group when sitting your upcoming HSC exams.

Beth Flynn - Press Club



Alexa Burton & Darcie Daniels - Press Club

# **SPORT REPORT BOYS 3<sup>rd</sup> in the state!**



Mark Watchorn, Coach, Mitchell Brain, Lachlan Bury, Jake Lewis, Jordan Smith, Brandon Lloyd, Adam Neale, Logan Hunter and Mr Dean, Manager. Connor Hudson, Sam Gray, Lachlan Sharp, Jarryd Clark, Zane Anderson and Tom Luchetti



The LHS Boys Open Hockey Team finished 3<sup>rd</sup> in the CHS NSW State finals played at Moorebank. It was an excellent result and reflected the side's great talent, enthusiasm and dedication to playing for their school.

In the Quarter Final against Alstonville Lithgow showed amazing individual and team skills

winning 9-2, with Captain, **Lachie Sharp** contributed 4 very classy goals. All boys played a very high standard of Hockey.

In the Semi-Final Lithgow faced a classy Goulburn side, after holding the eventual State Champions 2-3 at half time the boys went down 7-3, never giving up and playing themselves to a standstill.

Our playoff game for 3<sup>rd</sup> and 4<sup>th</sup> provided a high-class spectacle for the crowd and a very slick performance, Lithgow defeating a gallant Tamworth side 5-1.

These boys were a credit to Lithgow High School. Apart from their excellent standard of play and sportsmanship on the field four of our boys umpired many matches, thanks to Lachie Sharp, Jordon Smith, Adam Neale and Lachlan Bury.

Their behaviour over the two days was exemplary. Our two Year 12 players Lachlan Sharp and Jordan Smith showed great leadership and we wish them all the best for their future. Special thanks to **Mr Jeff Dean** and **Mr Shane Conroy** whose organisation and willingness to drive the buses made this excursion possible. Thanks to all the parents whose support and enthusiasm gave the tour a real family feel. Thanks to all the teachers who volunteered their time to take classes back at school. I salute you all. It was a great privilege to accompany these wonderful people, boys and girls to this important event.

Mark Watchorn - Coach

## Open Girls Hockey Report- CHS Finals Moorebank



The Girls had a slow start to their finals campaign in Game 1 at Moorebank. The Girls were down 1 nil early against a determined Kingscliff Team. However they sprung to life midway through the first half eventually running out convincing 6-2 winners. With Abby Wilson doing all the damage in front of goal and Katie Dowler controlling things at the back.



The girls then went into the Semi-Final in the afternoon full of confidence against an unknown Merewether Team. The girls started again slow with Merewether playing a very slow tempo style of Hockey. The girls eventually grinded out a 2-0 win in a game that was frustrating for them. With Amy Dewar having some nice touches up front and Clare Bosman work tirelessly in the midfield.

The Grand Final was a match-up against reigning champions Kiama. Kiama had knocked the girls out last year in the Semi-Final and no doubt had bragging rights over Lithgow the last few years. The girls regrouped after the frustration of the previous game over night and were switched on from the whistle. With Clare Bosman and Katie Dowler doing an absolute fantastic job on their strike player the girls ran out 3-1 Winners. Goal Scorers were Abby Wilson with two and Amy Dewar with one. The girls executed the game plan absolutely brilliantly to only let in one goal was a huge credit to our defence. To single out one player would be unfair to the girls with all players having an outstanding match!

A big congratulations and thank you to **Katie Dowler, Clare Bosman, Jessie Luchetti, Madison Haddon, Maggie O'Bree,** and **Erin Trudgett** who played their final match for the school.



Shane Conroy - Coach

Bonnie Goodsell, Keely Newham, Erin Trudgett, Madison Haddon Clare Bosman, Katie Dowler, Abby Wilson, Amy Dewar, Amy Capaldi Coach Mr Conroy Jessie Luchetti, Tiana Anderson, Brianna Muir, Kellsey Charlton, Josana Stockdale, Mikayla Newcombe, Maggie O'Bree and Manager, Mrs Dean.

#### **U15's GIRLS BASKETBALL**



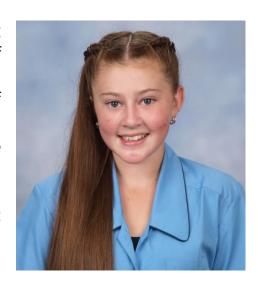
Congratulations to our U15's Girls Basketball Team, last Friday they travelled to Queanbeyan to play against Karabar High in the last round of the CHS Knockout tournament. The girls were very dominant, particularly outstanding in defence coming away with a convincing win of 38 - 57, this win has placed them into the top 8 in the State, an outstanding achievement considering the majority of the team are in Year 7. The girls will now travel to Terrigal to contest the top 8 in the Semi-Finals and Finals which will be played on Nov 5<sup>th</sup> at Terrigal.

To get to the top 8 in the state the girls defeated West Wyalong 30-20, Narramine 42-12, Parkes 33-18, Orange 36-8, Canobolas 66-10 and Blayney 55-15.

The girls should be very proud of their outstanding achievement, they are all excellent ambassadors of our school.

A special thanks to the parents for their support of the girls and in transporting to and from each event.

Team photo: Erin Cowie, Bethany Newsome, Geordie Goowin, and Kyra Phillips Kallan Phillips, Alayah Lincoln and Elly Baxter Bayleigh Shead was also part of the team, absent from the team photo.



## **Girls Open Cricket**

Friday 23<sup>rd</sup> October was the date set for the show down Semi-Final between the Lithgow High Girl's Cricket Team and the Blayney High Counterparts. Held on Blayney's home ground it was set to be a great competition in perfect conditions. The captain, **Bonnie Goodsell**, won the toss and elected to bat. The girls made a good start against the quick bowler of the Blayney team and scored a number of runs before the fall of the first wicket. We were all out for 55 before lunch. The girls took to the field and Abby Wilson had the Blayney girls on the back foot with her opening over. It was an enjoyable session as the girls provided encouragement and entertainment for each new bowler and batter. Unfortunately the girls were beaten on 4/60 by Blayney who move on the final. The girls performed well considering most do not play outside of school.



Congratulations to Genna Bailey, Rosa Lynes-Ross, Erin Cowie, Cassandra Houston, Amy Capaldi, Rhiannon Cowie, Amy Dewar, Bonnie Goodsell, Mikayla Robertson Abby Wilson and Katie Wilkins.

# END OF YEAR CELEBRATIONS FOR YEAR 10

The School Certificate external tests have been discontinued since 2012, and the school leaving age has been increased to 17. Already, nearly every Year 10 student continues into the senior school. With this in mind, instead of saying farewell we will be saying, "Welcome to your senior years, Year 10!"



Year 10 will be celebrating their succession to the senior school on Thursday 10<sup>th</sup> December with a "Rite of Succession" night in the grounds of the school.



Dinner, Dessert and a DJ will also be part of the evening as well as a specially prepared PowerPoint Presentation and Awards to signify the end of Junior School. Year 10 students will choose their own music for this event, and with the talent of a local DJ and extra sound and lighting equipment from our music department, it should be a fun night for all. We will advise the cost of the event ASAP.

Every student is encouraged to attend what will be a great night of recognition and celebration. Dress is Semi-Formal to Formal and girls tend to wear shorter dresses to this event and long to their Year 12 Formal.

The theme for the evening is "Enchanted".

Should you have any enquiries about this initiative, please feel free to contact the Year Adviser, **Mrs Alexander**, at the school.

#### Year 10

#### "Be proud to graduate into Senior School"

You need to start thinking about your senior uniform!

LHS onsite uniform shop is open for students TUESDAY and THURSDAY MORNINGS - 8.00AM - 10.00AM

LHS uniform shop will not be open during the Xmas holidays, until:

#### **January Opening Hours**

**21**<sup>st</sup> **January**, 8.30am - 1.00pm Thursday

Friday

22<sup>nd</sup> January,

8.30am - 1.00pm

8.30am - 11.00am (extended hours if busy)

Friday

29<sup>th</sup> January,

8.30am - 10.00am (extended hours if busy)

#### Payment Options

Lay-by - We accept lay-by (50% deposit) and you can collect the uniforms in January before school goes back.

**Payments –** Cash, Credit Card, or Debit Credit Card.





#### FITTING APPOINTMENTS IN TERM 4

Orientation fitting appointments for Term 4 are available now. To book, either contact the Uniform Shop during their opening hours, or go online: <a href="https://www.alintaapparel.com">www.alintaapparel.com</a>

#### **JUNIOR & SENIOR UNIFORMS NOW AVAILABLE FOR 2015!**

For students entering Year 7 or Year 11 next year, the Uniform Shop has full stock of both the junior 7-10 uniform, and the senior 11-12 uniform (including skirts). You can either purchase through the Uniform Shop, or you can shop online at: <a href="https://www.alintaapparel.com.au">www.alintaapparel.com.au</a>

#### Tuesday and Thursday Mornings - 8.00am - 10.00am

Uniform price list, online shopping & fitting appointments available at: www.alintaapparel.com.au



Stay up to date with notifications, announcements and organisation of our school on our official Facebook page.

Please like and share our page with anyone who has children attending Lithgow High School.

We will endeavour to keep building our Facebook community to ensure that school information is quick and effective for all parents

#### YEAR 12 "FUN DAY/SLAVE DAY"



The Year 12 Slave Day/Fun Day 2015 was a great success! Both teachers and students were able to purchase a Year 12 Student, and everyone had an entertaining day. Slave Day is a fantastic fundraiser for the Year 12's to support their formal, and it is definitely worth the money. It is always a fun way for younger students to make Year 12 students do all their work, carry their bags and generally make them work hard. The *students vs teachers* games were an outstanding way to finish off the term, even for the students who were just watching from the banks of the oval. "Congratulations to all of Year 12 for a great day, you have done yourselves proud".











Photos by Tiffany Toole - Press Club

### IN THE COMMUNITY



Lithgow's Halloween is back and is fast approaching. Last year it is estimated that the event attracted over 15,000 people but this year it is bigger and more mysterious than ever. The event will kick off at 9am Saturday 31<sup>st</sup> October in Lithgow Main Street with PCYC along with council running many family friendly activities. CJ's Restaurant has created a special menu for the tree view long lunch to be held in Main Street at 12 noon. There will also be a Move FM Talent Show beginning at 12 followed by a Halloween themed live music show all to be held on the Lithgow McDonalds Stage. Local fashion and beauty outlet will be showcasing their product at the Halloween themed fashion show held at 2pm. The trick or treat trail will begin at 4pm. There will also be a guest appearance from Jason Jackson, Australia number 1 Michael Jackson impersonator. All festival goers will be given an invitation to be part in the thriller dance off and the best dressed competition. The



night time entertainment will begin on the Energy Australia Stage kicking off at sun set with the Waratah Drum Group and wrapping up at 10.00pm. Entertainment will then be carrier on with sets from local DJs. 2LT will be live broadcasting throughout the day from the McDonalds Funky Stage. Throughout the day there will be a number of market stalls containing local produce and crafts, there will also be a number of local performances given throughout the day on the McDonalds stage. A number of local food outlets will also be open throughout the day. Get on down and help support our local business and also appreciate local talent while having a great day/night out.

There is also a few other upcoming event the celebrate the Halloween season including the "Dracula Grand Masquerade Ball" which will be held at Zig Zag Brewery on Friday the 30<sup>th</sup> October. Blue Mountains Mystery Tours will also be offering Ghost Tours at the State Mine Heritage Park and Railway for all those interested.

For more information please contact Lithgow Tourism (02) 63503230. #lithgowhalloween15



Next P & C Meeting is at 6.00pm on Monday, 2<sup>nd</sup> November in the Hall Foyer

You are all very welcome to attend.



#### **DATES TO REMEMBER**

Monday 2 <sup>nd</sup> November 2015	P&C Meeting 6.00pm - Hall Foyer		
Wednesday 4 <sup>th</sup> November 2015	Last HSC Exam day		
Thursday 5 <sup>th</sup> November 2015	Year 6 into 7, 2016 Parent Information Evening 6.00pm - Library		
Friday 6 <sup>th</sup> November 2015	Year 11 Presentation Day Ceremony - 9.30am Hall		
Monday 9 <sup>th</sup> November 2015	Year 6 Parent Tour - 9.15am Bookings essential Stage 5 (Year 9 & 10) Formal End of Course Exam begin		
Thursday 12 <sup>th</sup> November 2015	Small Schools Orientation Day 9.30am		
Wednesday 18 <sup>th</sup> November	Enrichment Evening		
25 <sup>th</sup> November 2015	Performance Evening		
2 <sup>nd</sup> December 2015	Year 7 Luna Park Excursion		
Thursday 3 <sup>rd</sup> December 2015	Year 6 Orientation Day - 9.30am - Hall		
Friday 4 <sup>th</sup> December 2015	Year 9 Big Day Out Excursion Newsletter Issued		

#### **School Fees**

School fees may now be paid on line direct debit to:

Westpac, Lithgow High School

BSB No: 032-001

Account No: 15-3857

It is imperative that you put your student's full name, Student ID number or both when paying fees in this manner.



#### For your fridge – Term 4 Calendar

Lithgow High School Calendar - Year 2015 TERM 4							
Month/	Week	Monday	Tuesday	Wednesday	Thursday	Friday	
Oct/ Nov Week 2	4	26 HSC Examinations - Hall	27 HSC Examinations - Hall	28 HSC Examinations - Hall	29 HSC Examinations - Hall	30 HSC Examinations - Hall Newsletter Issued	
Nov Week 1	5	2 HSC Examinations - Hall School Parent Tour 9.15am bookings essential P&C Meeting 6pm - Foyer	3 HSC Examinations - Hall	4 HSC Examinations - Hall	5 HSC Examinations - Hall 6 ▶ 7 2015 Information Evening for parents 6.00pm- Library	6 Year 11 Presentation Day 9.30am - Hall - All Welcome to attend Remembrance Day Ceremony (TBA)	
Nov Week 2	6	9 Stage 5 End Course Exams - Hall	10 Stage 5 End Course Exams - Hall Year 12 Formal	11 Stage 5 End Course Exams - Hall	12 Stage 5 End Course Exams - Hall 6▶7 2015 Small Schools Orientation	13 Stage 5 End Course Exams - Hall	
Nov Week 1	7	16	17	18 Year 7 Enrichment Evening - Library	19	20	
Nov/ Dec Week 2	8	23	24	25 Performance Evening - 7pm - Hall	26	27	
Dec Week 1	9	30 Parent Tour - 9.15am bookings essential	1	2 Year 7 Luna Park Excursion	3 6▶7 Orient Day 9.30am Hall	4 Year 9 Big Day Out Excursion Newsletter Issued	
Dec Week 2	10	7 Parent Tour - 9.15am bookings essential P&C Meet 6.00pm - Foyer Combined Christmas Carols - Hall	8	9	10 Year 10 Celebration Evening	11	
Dec Week 1	11	14 Stage 4 & 5 Award Winners Presentation Day Ceremony 9.30 - Hall	15	16	17 School Development Day - Alpha	School Development Day - Beta	

Please note – dates and times may be changed without notice. The above dates are only a **guide** to the events of Term.

Have a safe and relaxing Christmas holiday

School returns on for Year 7, 11 and 12 on Thursday 28<sup>th</sup> January 2016 All other Years including Support Faculty return on Friday 29<sup>th</sup> January 2016.

