



Lithgow High School



NEWSLETTER

2nd December, 2016

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Power of Engineering



See page 24 for full report on the Girls Engineering Day

Have a safe and relaxing Christmas holiday
School returns for Year 7, 11 and 12 on
Monday 30th January 2017
All other Years including Support Faculty return on
Tuesday 31st January 2017.

PRINCIPAL



As the school year draws to a close, it is a good time to reflect on the journey of positive achievements of Lithgow High School in 2016. I have been impressed by the cohesiveness of the school community and beyond.

Recent achievements include our success in the Creative and Performing Arts across the genres, two nominations for Art Express, our highly successful major works exhibition, the musical - Into the Woods, The Shakespeare evening, and the upcoming Performance Night on December 7 will be an impressive showcase of these achievements.

There have been a range of other successes throughout the year: Sporting achievements at the state and national level, FRC Robotics competition and the robocamps, the Year 12 formal and Year 10 celebration, ANZAC and NAIDOC assemblies, the Festival of Speech, Orientation and Transition Days, enrichment evening, writing workshops and the highly successful Business Breakfast to name a few. None of these would have been possible without the commitment of the hardworking staff of Lithgow High School who put in the extra effort to build success and engagement for students.

We anticipate our HSC results on December 15. I am sure that our hardworking students will be pleased with their results. Many students have already gained early entry offers to a range of universities. The study efforts of our senior students have been significantly enhanced by our senior tuition program in the library. This will continue in 2017, with the library remaining open until 5.00pm Monday to Thursday. Transition for our 2017 Year 7 students is on Tuesday 6 December, from 9.30 until 1.00pm. Students can be collected from the bus bay at 1.00pm. Each Year 7 class will be supported by a Learning and Support Teacher and a team of staff working together to ensure a smooth transition to high school. I look forward to welcoming our new students on Tuesday morning for a great day of learning.

In conclusion I would like to thank all the staff, students and parents of Lithgow High School for their support this year. I wish everyone an enjoyable and safe Holiday Season, and am looking forward to a fantastic 2017.

Ann Caro

BLUE STAR CULTURAL HERITAGE AWARD

Lithgow High School was recently awarded Highly Commended in the prestigious NSW Tidy Towns Blue Star Cultural Heritage Sustainability Awards. This award was in recognition of the innovative curriculum undertaken by staff and students in Aboriginal Programs and the Gawaymbahna Ngurambang Garden.

These programs include SistaSpeak, Brospeak, the Wiradjuri Language Program, Cultural art and dance, Rock Art Conservation projects with National Parks and local Aboriginal community members, as well as the ongoing commitment and development of the Gawaymbahna Ngurambang Bush Tucker and Sustainability Garden. The garden provides a purpose-built cultural space for these activities including a dance space, yarning circle, mural and bush tucker garden beds.



We are grateful for the ongoing support of local Aboriginal Elders and community members who generously share their time, expertise, knowledge and stories to provide important cultural learning to our students. We would like to thank local businesses for their generous financial support which has assisted Lithgow High School in this ongoing endeavour.

Rosie Galloway - Learning and Support Teacher and Aboriginal Programs Coordinator

DEPUTY PRINCIPAL



VIVO review

It has been almost 12 months since VIVO was introduced into the school. The students and staff have embraced the program and many students have benefited from some of the awards that have been offered to students. Our level system has continued to offer students a range of entry points as acknowledgement for student achievement. At this stage in the year 542 students have reached their Bronze level, 215 Silver and 45 Gold. This is tremendous effort and indicates that all students are receiving positive feedback throughout the day. Mr Conroy and Mr Dunn have been busy distributing all of the awards earned by students this year. The school issued a total of 433 rewards to students through the VIVO shop this year. Many of those rewards were from local businesses.

For 2017 the school will introduce another level (platinum) to the reward system. The categories will also change to match the Positive Behaviour for Learning school wide expectations.

Positive behaviour for Learning

The school has updated their school wide expectations. These expectations will be the reward categories for VIVO next year. Please be aware of the following expectations for all students.

Respectful

- I speak politely and calmly
- I follow staff instruction always
- I care for others, their property and the school environment

Safe

- I keep hands and feet to myself
- I am in the right place at the right time
- I behave at school in a safe and orderly manner

Responsible

- I wear school uniform
- I report problems
- I use technology appropriately

Learners

- I attend school
- I do my personal best
- I allow and support the learning of others

Year 12 Formal

I had the pleasure of attending the Year 12 formal on the 15th November and was impressed with the level of maturity exhibited by all of the students. It was obvious that each and every student in the year supported each other and developed close relationships that will last long into the future. It was a positive night that was topped off by a musical item performed by Year Adviser, Mr Dingle. I would like to thank everyone for the organisation and wish the students all the best in the future. I am also looking forward to the Year 10 Celebration scheduled for next Thursday, 8th December.

Uniform

Over the summer holidays families generally purchase school supplies and student uniforms. This includes shoes for the year ahead. The school policy states that students accessing Design and Technology classes require leather uppers. This is due to the WHS requirements for anyone accessing workshop areas. Please ensure that students are in the right uniform for the beginning of 2017.

Have a good break, see you all next year!!

Matthew Quirk

***Thank you to our valuable VIVO Rewards
Local Sponsorship Partners:***

**Anytime Fitness, Sportspower, Eve Lithgow,
Bunnings, Aqua Blitz - Lake Lyell, Pizza
Hut, Subway - Main Street, Cruze Driving
School, Michel's Patisserie, McDonalds
Lithgow, Centennial Coal, Lithgow Lions
Club, Barry F Cosier, Lithgow Bowling
Club, Lithgow Musical Society & Reliance
Credit Union**

SUPPORTING WHITE RIBBON DAY



Students have really embraced White Ribbon Day, with the student leaders organising for the whole school to wear white t-shirts and to stand in the outline of a ribbon on the school oval last week.

It is time for the age-old cycle of violence to end and education about violence can help, and because we, all of us, are better than that, commented LHS leaders.

Students also took an oath during assembly, to help stop violence against women. Thank you to Asst. Inspector Darryl Goodwin for leading the day.

Students also marched as part of the local White Ribbon event last Friday 25th November leaving from Queen Elizabeth Park to the Workies. Many teachers attended the Trivia night which was held after the march to raise further funds for the cause.



FILM AWARDS



Photo by Macgregor Ross

Lithgow High School continue to receive accolades for the positive work done in the subject of Film Making.

The most recent film production "1970" was shortlisted at the prestigious Robin Anderson Film Awards at a special awards event held at the Dendy Opera Quays cinema at the Sydney Opera House Precinct in Sydney on Monday night.

Attended and hosted by a number of industry leaders and celebrities the awards recognises excellence in student film making from students across Australia and the Asia Pacific. It offers the grand winner a full scholarship to Film School, something Lithgow students have won in the past. Lithgow High School had two shortlisted finalists, "1970" and "lunch".

Sean O'Keeffe - CAPA Teacher

BLUE SHORTS FILM FESTIVAL



Students from Lithgow Public School will have a chance to see their hard work light up the silver screen as finalists in the Blue Shorts Film Festival on Wednesday night.

The short film "How the Dinosaurs Died Out" is a cautionary tale that delivers an important message about healthy life choices.

The film uses puppets which the student created to tell the story of dinosaurs. The puppets were then combined with digital backgrounds of prehistoric times to create a colourful and entertaining film that is also educational.

The project was instigated and developed by Lithgow Public School teacher Paul Mitchell.

The primary students were mentored in Film Making by Lithgow High School Film Makers who came down to the school twice a week for a number of weeks to work with the Primary Students.

"It was a terrific opportunity for the High School Film Making students to work with a talented group of Primary School students to realise a great visual idea."

"The puppets are really wonderful and they add another dimension to the story"

The students worked with their teacher over many weeks to construct puppets and props for the movie and then a long period of editing and adding digital effects to finish the film.

"Getting selected for the film festival is a great acknowledgment of all their hard work"

Blue Shorts is a short film festival held in the Blue Mountains, Australia. Just for local residents, Blue Shorts celebrates Blue Mountains stories and storytellers and is a celebration of local creativity and community. Filmmakers of all levels are encouraged to submit short films

The festival screening will be held on the 16th November 2016 at 4pm at the beautiful Mount Vic Flicks with an awards presentation after the screening. Blue Shorts is brought to you in partnership with Blackheath Area Neighbourhood Centre, Mount Vic Flicks and Local Film Makers.

Sean O'Keefe - CAPA Teacher

FLICKERFEST

Lithgow High School recently travelled back in time to the late sixties as part of a new film by LHS Film makers **Orla Mckinney** and **Rosa Lynes Ross**.

The film titled "1970" tells the story of a young man's last twenty-four hours in a small town before being shipped out to serve in Vietnam. The boy must celebrate his birthday, say goodbye to his sweetheart and reconcile with his heartbroken mother.

Chapter 1 of the film has been shortlisted in Flickerup the student arm of Flickerfest International Film Festival.

Flickerfest is Australia's only US Academy Award and BAFTA Award qualifying film festival. Films that win awards at the festival can be nominated for an Academy Award. Lithgow High School has had finalist films in



this festival since Flickerup's inception over five years ago. Students have a chance to win a scholarship program to the media school SAE.

Chapter 1 of 1970 was shot in the car park of Lithgow High School and collaborated with the local historic car club for authenticity.

"It was amazing to see such an array of beautiful vehicles in the car park and it really added to the scene to make it convincing. " said Lithgow High School teacher Sean O'Keeffe. "It simply would not have been possible to shoot the scene like this without such strong local support.

NEW PROJECT AND GRANT



Paul Toole, MP recently announced Lithgow High School has received a major government grant of \$10,000 for an Aquaculture and Fishing Sustainability Project. The project will see our students nurture fingerlings then transfer them to a temporary holding dam where growth rates are measured and fish being tagged before being released locally to be caught and monitored as part of our Agriculture courses. The PDHPE staff applied for the grant earlier in the year to be part of a new recreational fishing program for their students, helping to stock more fish and provide recreational fishing education while protecting fish habitats. 'We are very excited to be receiving the grant, providing another area of cross curriculum learning for our students to be engaged in" commented Mr Lindsay Dunn, PDHPE Teacher.

The recreational fishing sector in NSW generates around \$3.4 billion to the State's economy and accounts for more than 14 000 jobs across NSW.

Business Breakfast

A lovely cross-section of community members and businesses attended our first Business Breakfast on Wednesday, we thank each and every one of you for taking time out of your busy schedules to be part of the morning. Your support of our school is greatly appreciated and we look forward to working with you in 2017. Thank you to our fabulous students for catering and serving today, you are a credit to our school.



Certificate III in Aviation

"We are set to become High Flyers @ LHS"

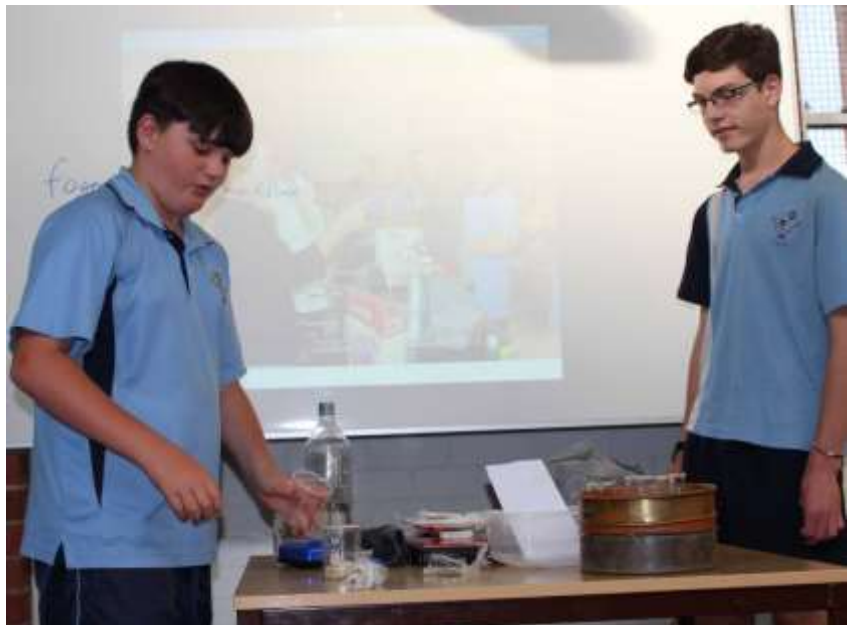
Our students will become professional drone pilots as part of a new HSC subject that is due to take flight next year.



We are very excited to be offering the Certificate III in Aviation course at LHS from 2017. We know this will help students gain employment at the cutting edge of a fledgling, booming industry as drone pilots. There are new opportunities opening every day and our students will be at the forefront and ready for employment, engaging students in the jobs of tomorrow.

ENRICHMENT OPEN NIGHT

On Wednesday November 30th 7E and Ms Gonzaga put on an enrichment evening for all parents and family members of the class, this included a barbeque and demonstrations of what the students have learned in all their subjects in the past year.



Students wrote speeches, created videos, performed experiments and put on performances. There was lots of laughter and fun had on the night and the comments 7E received at the end of the night were outstanding.

DEPUTY PRINCIPAL



Wet and Wild

Students across Year 7-9 are looking forward to finishing their year with a great big splash. This is a fantastic way for them to celebrate their hard work and determination throughout the year. Students were eligible by completing the Premiers Reading Challenge in Year 7 and 8 and obtaining 300 Vivo points. This excursion is occurring on Thursday, 15th December (second last day of term). All students that were eligible have received notes regarding the excursion and have returned their information. We will be holding a meeting with the students just prior to the day to organise some minor details. Students are asked to bring along some morning tea

to have on the way down to Wet and Wild so that when they arrive they are ready to have some fun. The students will be spending most of the afternoon there, with a late return home to Lithgow that evening.

Year 12

Students will be very busy completing the first round of their assessment tasks for their HSC courses. Most students have a few assessment tasks due over the next couple of weeks. Please be aware that all tasks are due in on the notified date. It is best to hand something in rather than nothing. As this forms part of their HSC marks for the 2017 result, it is vitally important that students maximise their opportunities. If a student is unable to attend an assessment they are required to complete an illness misadventure application for consideration, and they will need to provide a medical certificate or other specialist information to indicate the nature of the illness that prevented them from attending. If no such documentation is provided, students will receive an 'N' Warning notification for that HSC and a zero result. All students have access to the senior tutors in the library during study periods and the library is open for senior students every Monday to Thursday afternoon until 5.00pm. This very valued and important program is aimed at supporting all senior students to strive to do their very best during their HSC year.

Karin Mawhood

**Next P & C Meeting is at 6.00pm on
Monday, 7th December
in Staff Common Room
You are all very welcome to attend.**

LITHGOW HIGH SCHOOL VISUAL ARTS CONTINUES ARTEXPRESS SUCCESS

Two Lithgow High School Visual Arts students have had their 2016 HSC artworks chosen for the prestigious Artexpress exhibition. Artexpress is an exhibition of about 250 outstanding artworks chosen from a field of nearly 10,000 works from the HSC practical examination.

The two Visual Arts students selected for this year's Artexpress exhibition are **Gabrielle Knight** and **Stacey Simmonds**.



Gabrielle Knight – Burns Road, Springwood



The two Bodies of Work will be displayed at a number of Artexpress venues throughout 2017, including The Armory Sydney Olympic Park, The Hazlehurst Gallery and the Dubbo Regional Gallery.

The Creative and Performing Arts faculty would like to extend congratulations to the girls on their selection, and wish them every success for the future.

Stacey Simmonds – The Last Days of Print

John Bawden - HT CAPA

2017 ART CALENDAR IS NOW AVAILABLE



Our fabulous art calendar is now available for purchase in the office for \$10.00. The calendar features Major HSC Visual art pieces for 2016 and key dates and events for 2017, get in quick limited numbers available.

Performance Evening - next week



As everyone knows, the Performing Arts Showcase is one of the premium events on the school calendar. Whether it be the grace and elegance of our Dance students, the lyrical prowess of our music students or the hard-hitting social commentary of our Drama students, the Performing Arts Showcase is not to be missed.

This year, the showcase will be on next **Wednesday, 7th December**. We will be starting at 6.30pm and the entry will be a gold coin donation.

Come along for a great night of entertainment and support your fellow students in their artistic endeavours!

SCIENCE COMP RESULTS 2016

This year's Science Competition took place in June. The Science Comp is a challenging exercise giving students practice in 45 multiple choice questions covering all aspects of science. It tests their ability to observe/measure, interpret, predict and conclude, investigate, and reason or problem-solve. Students results give them valuable feedback on their relative strengths and weaknesses.

A total of 16 students in Years 7-11 took part in this year's science competition, resulting in 1 distinction, 8 credits, 2 merits and 5 certificates for participation. Congratulations to all who participated but especially for those students below whose results were above average for their year.

Year 7 - **Kyle Sheather** - Credit

Year 8 - **Ryan Bird** – Credit, **Patrick Bray** – Credit, **Kory Pringle** – Credit, **Jacques Roberts** – Merit

Year 10 - **Katrina Abbott** – Merit, **Caoimghin O'Connor** – Distinction, **Alain Roberts** – Credit, **Dylan Sheaves** – Credit, **Alannah Stoneley** – Credit

Year 11 - **Eli George** – Credit

UPPER HUNTER BEEF BONANZA

Lithgow High School's cattle show team once again travelled to Scone in the Hunter Region of N.S.W. for the Upper Hunter Beef Bonanza, from the 20th-23rd of October. This year the team, consisting of 13 students from Year 8 - Year 10, took two steers, both had been bred at school from our two cows Romy and Daisy. The bull used was a Speckle Park (Hughesy). His service was donated by Rick Hoolihan of Rydal. Hughesy was at the high school for the whole of first term in 2015.



Hughesy (Dad)

The Upper Hunter Beef Bonanza is a Hoof and Hook show. In the Hoof section the cattle are paraded in the ring by the students where the judge decides which individual best suits the beef market requirements. Very difficult when you are trying to judge what is under the skin for 300+ cattle.

On the Sunday the cattle are left at the show ground, from there they are taken to the Scone abattoir to judge the carcass or Hook section. The carcass is bought by the abattoir and the proceeds are sent to the owners.

This year's results were pleasing Buck (Romy's calf) came 5th in his Hoof class and 5th in his Hook class. Ralph (Daisy's calf) came 4th in his Hoof class but was unplaced in his Hook mainly because he needed 3mm more fat over his rump.

Despite the rain over the weekend the students enjoyed themselves and were a pleasure to take and be with over the 4 days.

I would like to thank **Alison Grant** who gave up her time to assist over the week once again and Rick Hoolihan for allowing us to use Hughesy.

Looking forward to next year.



Jon Abbott - Science/Agriculture Teacher

Your Year 10 RoSA Results

Activating **studentsonline** account to be able to access School Certificate Results

- a) Go to Students online <http://studentsonline.bos.nsw.edu.au>
- b) Go to **activate your account now**
(under the **Login** banner on right hand side of page.)
- c) Fill in details:
 - Select school
 - Enter names
 - Enter date of birth
 - Complete security question section
- d) Submit
Your student number will appear on the screen. Write it down
At the same time an email will be sent to your school email address.
- e) Go to your school email account and open the email sent to you by the Board of Studies
- f) Click on the website listed in the letter. This will take you to the site where you create your PIN . (You will need your student number for this site.)
- g) Enter your student number and submit, and then enter your chosen PIN (it has to be a six -digit number.) **Write it down.**
- h) Once that's done, you should be taken automatically back to the **studentsonline** home page, and you should already be logged in.
- i) If you're not, go back in to <http://studentsonline.bos.nsw.edu.au> home page and log in with your student number and your PIN.
- j) Go to *My Details* and then go to *Enrolments/Results* and select Stage 5 from the *Currently Viewing* drop-down menu.
- k) Click *Request eRecord*.
- l) Go to *My Messages* to access your School Certificate eRecord (it might take a few minutes for it to be sent to *My Messages*)
- m) Once it's there, you can open it by clicking on the paper clip icon.

Rebecca Hamment - Careers Adviser

WRITING WORKSHOPS

During the past two years, we have been very fortunate in receiving a Cultural Fund Grant from the Copyright Agency to be used on Writing Workshops that link Lithgow High School with other similar regional schools via Video Conference. This year we enjoyed personal visits to our school from **James Roy**, a published Youth Author from the Blue Mountains area.



Lithgow High Students were joined by Oberon High and Tumut via Video Conference to share in the many funny stories that James told. Our Year 7 and 8 students were taught that a story can be made from anything, any time. Simply looking out the window can be turned into a creative piece. Humour, feelings, the five senses and characters with evil motives all come together to create interesting stories that can be enjoyed by all.

Some of our students also viewed short film clips that took sweet, innocent family movies such as Mary Poppins and turned them into Horror with a few minor changes such as brightness, camera angles, editing and music changes.

We have greatly appreciated James Roy's time, knowledge and skills and look forward to some more workshops next year.



Sam Edwards - LAST

Thank you Deb - Canteen



Thank you Deb Russell for her many years as the Canteen Manager, Deb has decided to retire at the end of this term. Deb has been the Canteen Manager since 2002, and over the years has instigated a huge range of improvements to the school and canteen. During her time Deb has implemented many healthy eating options into the menu and in 2011 was named “Canteen Manager of the Year”. We would like to take this opportunity to thank Deb for all of her hard work and dedication to the staff, students and school over many years.

We would also like to thank all our wonderful volunteers for their help throughout this year and hope you will continue to support Evonne who will be taking over from Deb in 2017.

We still need many more volunteers to fill our roster for next year. We need about 40 helpers to fill the roster and currently we only have 20, if we do not get extra helpers it is very hard to run the canteen for your children.

If you would like to help out, please phone Evonne on 63 512308. The hours are from 10.45am – 1.45pm once a month or whenever you are available.

Letter from Deb Russell – Canteen Manager

I would like to thank past & present P&C members & Principals for their support & friendship over the past 14 years as Canteen Manager of Lithgow High School Canteen. This position has given me great pleasure and satisfaction.

As Manager I have seen many changes. In 2002 when I started we had not heard of the Healthy Canteen Strategy. We sold Chips, Chocolates & also had 2 Coke Vending Machines out the front of the Canteen. We easily made our School Contribution & had a healthy balance in our account. Then came the Healthy Canteen Strategy and things became a little more challenging. I'm still not entirely convinced banning everything you don't want the students to buy is teaching them how to make a healthy choice. I think the key is education.

The first year this was implemented we still donated the school contribution but only had \$2 in our account to start the next year. Since then we have built the Canteen back up to be able to make a workable profit as well as our contribution to the school. I am proud to say in the 14 years we have been able to donate nearly \$300,000 to Lithgow High School. I am also proud of the work experience we have been able to provide to students from Support and Mainstream classes.

My biggest achievement was being named "Canteen Manager of the Year" in 2011 by the Healthy Canteen Association. I was very humbled.

I will miss the Staff & Students of Lithgow High School but especially my wonderful co-workers Evonne, Michelle, Jo, Katrina & Tracey our Treasurer. I could not have achieved as much as I did without them and am positive they will continue to do a fantastic job.

Thank you

Debbie Russell

Welcome, Daniella



Ahoj (Hi),

My name is Daniella and I am an exchange student from Slovakia. I was born in Sydney, because my parents were in Australia for five years as students so it is like a comeback for me to see Australia for the first time since we left 15 years ago. I'm going to spend 6 months at Lithgow High School. I am from Presov, which is 3rd biggest city in Slovakia. When I came, it was big shock for me that I have to wear school uniform, because we don't wear uniform, and also school system is very different. We start school day at

8.00am. Our lesson last 45 minutes and after every lesson we have 10 minutes break and also one 15 minutes break to eat our snacks. If I have 6 periods I finish my school day at 1.30pm. Therefore, I have half a day free for after school activities, to hang out with friends or just go home to relax. I'm just year 11 at High School, so I have two more years until I graduate.

We **do not** have as much homework and stuff to do at home so every time I can enjoy my life with friends and family. Well, I used to go to school just with handbag, because we have lockers at school for our textbooks.

Slovakia is situated in the middle Europe. We are the members of European Union. The nature in Slovakia is really very nice, we are mountainous country, our highest mountains are High Tatras. Slovakia has lots of history. In Slovakia we have lots of cultural and UNESCO sights, for ex. Spis Castle, which is the biggest ancient castle in Middle Europe... Our national food is noodles with Bryndza, which is our national 'cheese' (product)...

I'm so excited to be here, to know new culture, new people, new school system. Slovak language is not international language so I am learning three languages at school (include Slovak). English is my first foreign language and French second. I started learning English at primary school and French at secondary school. I am happy I'm here, it is new experience in my life and I can meet new people and improve my English.

So if you see me around please say hi as I would like to get to know you all. Daniella is pictured with fellow Year 11 students Sam Gray and Ayla Shaw.

Regards, Daniella

PRESS CLUB PAGES

MOVIE REVIEW

Doctor Strange



This year offered two new additions to the Marvel Universe, Captain America: Civil War and Doctor Strange. The later of the two, Doctor Strange, was released last month and has already made 502.9 million US dollars in box offices. Marvel is an extremely well renowned movie/comic franchise and we think this film could be rated amongst some of its best.

The film follows Doctor Stephen Strange (played by Benedict Cumberbatch), a high ranking brain surgeon, who after a car accident loses the use of his hands and is forced to stop working.

When traditional medicine fails him, Strange goes in search of a mysterious, spiritual group known to cure the incurable. We later find out that these are known as the Sorcerers. Though at first reluctant to believe in the theme, he is soon dragged into their world where he must help to defend the world from dark forces that are rising quicker by the day.

Personally we really enjoyed this film as it mixed things up from the usual marvel movie. Instead of being focused mainly on physical action it has a more psychological approach. Instead the story takes you not only through someone's emotional journey but a psychological journey into the unknown and supernatural. It's a really interesting and unique take on the classic superhero and I'm sure that even people who aren't that into previous Marvel movies will enjoy. We recommend this film to both Marvel fans who have enjoyed movies in the past and newcomers looking for something interesting to watch.

We rate it.....



Kasey Cross and Maia Michell - Press Club

Up Close

With

MRS BEUTEL

Full Name: Ann Elizabeth Beutel

Do you have a nickname? Annabelle

What is your role at Lithgow High? In 2004 I was employed as a teacher's aide at Coerwull Public School. In 2009 I graduated to Lithgow High School where I began working in the Hub helping teachers and assisting student's in class. I am currently employed in the Library to tutor and support Year 11 and 12 students.

What is your favourite colour? I love all colours

What schools did you go to? Coerwull Infants School and Lithgow High School

What annoys you in class? Passive Bullying. Students who have no desire to learn and make their friends feel guilty if they are working.

What do you do outside of school? I have to admit to being caught up with the ordinary; cooking, cleaning etc.

I am a Distance Ed student at CSU Bathurst so that takes a bit of my spare time.

What is the best piece of advice you have been given?

I remember two things I have been told;

1. If you want to be a nice old person, you need to practice being a nice young person.
2. Regardless of your circumstances the sun will come out again.

What is your greatest fear?

Snakes and developing Alzheimer's

Describe yourself in three words:

1. Loyal,
2. Realistic
3. Considerate

What did you want to be when you were a kid?

An Air hostess, a Dietician, A Teacher

What are three things you can't live without?

Food , Water and Shelter (oh and my family <3)



Power of Engineering

Power of Engineering Australia together with Energy Australia held this event on the 10th November at Lithgow High School. The day was attended by over 100 female students from Year 8 – 10 from Lithgow High, Gulgong High, Denison College and Portland High School.

The event provides the girls with an opportunity to gain an insight into the wide range of careers available in the Engineering area. Current University Engineering students from CSU and UNSW, together with Engineers from Energy Australia and Seymour Whyte ran interactive workshops that the girls participated in. The girls also had the fantastic opportunity to do site visits, one to Mt Piper Power Station and one to the Great Western Highway construction site being managed by Seymour Whyte.

This was a great day for all girls, and we would like to thank the Power of Engineering organisers, in particular **April Jewell**, Energy Australia and Seymour Whyte. We are looking forward to next years event!



Rebecca Hamment - Careers Advisor

Drama News

This has been the first performance for some of the cast and crew in Year 8 Drama. Others have come to the table with a breadth of knowledge from years of performing in front of an audience, like the recent Shakespeare evening, annual performance nights and school musicals.



I would like to thank this very dynamic and talented group of young people who have come together in the spirit of Drama to communicate to the public a positive message of friendship and family; and a hope that our differences as people, bring us together, instead of keeping us separate.



Thank you to the families and friends who have supported the Year 8 students involved in this play. Thank you also to the Lithgow High School staff for their ongoing support, especially the English and Drama Faculty and Creative Arts Faculty. Special thanks to **Mrs Alexander, Mr George and Mr Jeffers.**

We hope you enjoyed the show! If you missed it, keep an eye out for this group in Stage 5 Drama for another play next year.

Abigail Cases – English Drama Teacher

SPORT REPORT

Shaqkyra represents Australia



We are very proud of **Shaqkyra Quinn** of Year 9, who is currently in Brazil representing Australia in the U15's National Futsal team.

First stop will be to Sao Paulo for training with some of the world's best futsal coaches, then to Belo Horizonte for matches, and finally to Rio De Janeiro for more games and some sightseeing. Congratulations Shaqkyra on your selection, we wish you all the best for your games and can't wait to hear of your adventure on your return.

PARRA LEGEND VISITS LHS



Another great day for Lithgow High School with former Parramatta, New South Wales and Australian Rugby League player Nathan Hindmarsh attending our League Tag day. Nathan played several games with the 90 students who had nominated for the day. Hindmarsh spoke to the students at length about his sporting exploits getting plenty of laughs. He then went on to speak about the importance of education and how impressed he was with Lithgow High School. What an experience for our students.

Andrew Burton - Rlg HT PDHPE

Goodbye and Farewell to Year 12 - 2016



The Year 12 Formal was held on the 15th November. The evening was an outstanding night and a great celebration of 13 years of schooling. All students involved had a fabulous time. It was lovely to see everybody dressed in their finest outfits. Thank you to Mr Dingle, Mrs Reilly and the formal committee for all of your help with the event.

Well done Year 12! You are a credit to yourselves, your families and our school. We will miss you!

School Fees

**School fees may now be paid on line direct debit to:
Westpac, Lithgow High School,
BSB No: 032-001
Account No: 15-3857.**

It is imperative that you put your student's full name, Student ID number or both when paying fees in this manner.

**Message to all Year 10 regarding your
Celebration next week
Thursday 8th December!**

Year 10 please remember the Celebration Tickets will only be issued once your Clearance Forms are completed. Clearance Forms are to ensure you have returned all of your books and your fees are up to date for every subject.

Once you have completed your clearance, you can purchase your ticket via the payment window in the administration office. The cost of the evening will be \$56.00, this includes your dinner and entertainment, hire of tables and chairs and hall decorations.

The evening will begin at 6.00pm at the school with photos in Queen Elizabeth Park from 5.00pm.

There will be drinks available for purchase on the evening. We can't wait to have a fabulous night with a great group of kids.



SUPPORTING MOVEMBER



During November LHS students and staff have been supporting Movember, raising money and awareness of men's health issues.

Thank you to everyone for supporting this worthy cause and to our Mobrothers, the mos were well worth the effort and we raised much needed funds for this great cause. To our Mo sistas, your support during Movember was appreciated.

Movember is about bringing back the moustache (Mo), having fun and doing good to change the face of men's health, specifically Prostate Cancer, Testicular Cancer and Mental Health Problems. Mo Bros take action by changing their appearance through the growth of a new moustache for the 30 days of Movember, and in doing so become walking, talking billboards for men's health. Mo Sistas sign up and commit to supporting the men in their lives while helping to promote men's health at home, in the workplace and within their community.

Extended Senior Tuition in the Library



Senior Tuition is available daily during Student's Study Periods in the Library, providing assistance with Assessment Tasks and Study Techniques in all subject areas.

We are now **free** offering afternoon **Tuition Monday - Thursday 3.30pm - 5.00pm** for Seniors. This is to assist students who have a full timetable with no Study Periods.

The tutors provide support, motivation and stress management during the senior years. A variety of resources are available for students to borrow in the school library.

SAFE DRIVER TRAINING

***The PDHPE Faculty will be offering
RSE (Road Safety Education) in early Term 1, 2016***



Road Safety Education – Giving young people the key to a safer future

Getting behind the wheel of a car as a young driver or being a passenger with a novice driver is said to be among the most dangerous things that a person will do in their entire life. **Youth road trauma statistics are staggering but the enormity of the loss is often only realised when it hits close to home, impacting family, friends and a school community.** Road Safety Education Limited (RSE) is a not-for-profit organisation that delivers highly effective, evidence-based road safety education programs which adhere to recognised “best practice” guidelines to reduce the incidence of youth road trauma in our area.

The Road Safety Education Foundation has been established to help sustain the aims of Road Safety Education Limited.

Our senior students will be offered the opportunity to attend RSE’s award-winning road safety education program called RYDA at Mt Panorama in Term 1, 2017. This will comprise part of the compulsory (Crossroads Program for Year 11 students).

We invite you to explore this website to discover more about RSE and their programs <http://rse.org.au/> alternatively you can contact the school on 6352 1422 for further information. Permission notes will be distributed in Term 1 next year.



The Uniform Shop (02) 6352 3494

FITTING APPOINTMENTS IN TERM 4

Orientation fitting appointments for Term 4 are available now To book, either contact the Uniform Shop during their opening hours, or go online: www.alintaapparel.com

JUNIOR & SENIOR UNIFORMS NOW AVAILABLE FOR 2016!

For students entering Year 7 or Year 11 next year, the Uniform Shop has full stock of both the junior 7-10 uniform, and the senior 11-12 uniform (including skirts). You can either purchase through the Uniform Shop, or you can shop online at: www.alintaapparel.com.au

**Tuesday and Thursday
Mornings – 8.00am – 10.00am**

Uniform price list, online shopping & fitting appointments available at: www.alintaapparel.com.au

HELP REQUIRED

If you have any old school uniforms and would like to donate them our clothing pool, please hand in to the front office. **Year 12 in particular!** Many students benefit from these donations.

Year 10

“Be proud to graduate into Senior School”

**You need to start thinking about your senior uniform!
LHS onsite uniform shop is open for students
TUESDAY and THURSDAY MORNINGS – 8.00am -10.00am
LHS uniform shop will not be open during the Xmas holidays,
until:**

January Opening Hours

Thursday	19th January - 8.30am - 1.00pm
Friday	20th January - 8.30am - 1.00pm
Tuesday	24th January - 8.30am - 11.00am* (extended hours available if busy)
Wednesday	25th January - 8.00am - 10.00am* (extended hours available if busy)
Thursday	26th January - PUBLIC HOLIDAY
Friday	27th January - 8.30am - 10.00am* (extended hours available if busy)
Monday	30th January - 8.30am - 10.00am* (extended hours available if busy)

Payment Options

Lay-by - We accept lay-by (50% deposit) and you can collect the uniforms in January before school goes back.

Payments – Cash, Credit Card, or Debit Credit Card.



IN THE COMMUNITY

Cruze Driving School

AUTO/MANUAL
CAR HIRE FOR TESTS
PRE-TEST LESSONS
DOOR TO DOOR COLLECTIONS
BLOCK LESSONS AVAILABLE

Gabby Krulova
6337 5941 / 0404 644 089
Member of the ADTA no:3969

BATHURST LITHGOW
OBERON

Cruze Driving School
0404 644 089 - 63 375 941

www.cruzedriving.wordpress.com

Need some driving lessons? Cruze Driving School is available for lessons, contact Gabby on 0404 644 089 to book your lesson now!

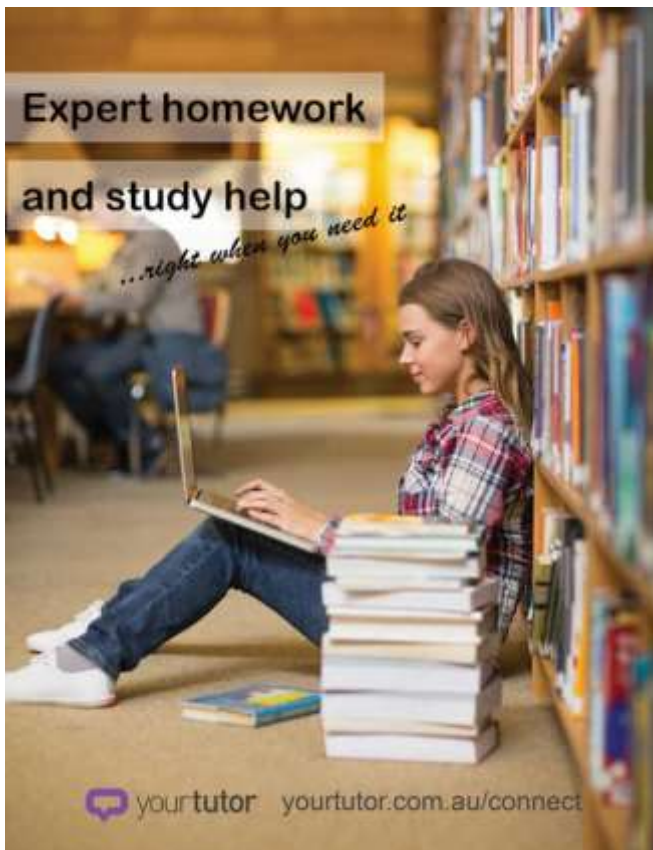
Lake Lyell Recreational Park



Daily Sessions 10.00am – 5.00pm
Call to book now 63 55 6347

Lithgow Library Your Tutor Service

FREE online homework help



What is YourTutor?

It's online, one-to-one help for students in years 3-12 with homework and study questions, a free service offered by Lithgow Library Learning Centre.

Students can get help with questions in Maths, Writing, English, Science and more, by connecting to a network of qualified subject experts on-demand, or by uploading a written file any time for feedback within 24 hours.

Jobseekers can get help with job applications and resume-writing.

The YourTutor 'online classroom' includes a typed chat with a live tutor, an interactive

whiteboard where you can draw with the tutor, and the capability to upload files.

When and how?

Log in [here](#) using your library card number, for free.

Live tutors are available Sunday - Friday, 3pm - 10pm or you can upload your writing draft 24/7 any time you like, and your file will be returned to you with helpful feedback in less than 24 hours.

Your Tutor has been established with financial support from Centennial Coal



VIVAbility UNIQUE CREATIVE FLEXIBLE CHOICES Holiday Program

Vivability are running a school holiday program in Lithgow this coming school holidays for children aged 5-18 years, with a disability.

This holiday program will run from 9am- 3pm Monday the 9th of January to Friday the 13th.

Our focus when developing groups is to support people with a disability to develop new skills and increase social activity while accessing services in the community.

This is also a great opportunity to provide respite to families during the school holiday period.

To secure your spot please contact Aishling Gilroy on 6301 9502 or email aishling.gilroy@vivability.org.au



The Western Region Academy of Sport (WRAS) aims to identify, develop and provide pathways for talented young sports people in the western region. The following athletes from Lithgow High School have been selected in WRAS 2017 squads:

Basketball: Meleke Jenkins Kallan Phillips Kyra Phillips

Hockey: Tom Luchetti



PJ Moodie Memorial Dr
BATHURST AIRPORT NSW 2795
Phone 02 63373310



PJ Moodie Memorial Drive, Raglan, 2795
Phone: 02 63373945

7 November 2016

2016-17 Flying Scholarship Announced

The Bathurst Aero Club (BAC) and Central West Flying (CWF) announced today the offering of a scholarship for a person under 25 years of age to be trained as a Recreational Pilot.

All the costs associated with gaining a 'restricted' Pilots Certificate including flying instruction, theory briefings and text books will be covered by the scholarship – to a total value of up to \$10,000.

This is the first scholarship offered by BAC and CWF since 2010 and is aimed at encouraging young people to consider aviation as a career or a recreational pursuit. Any person between 15 and 25 years old can apply. No flying experience is required and, in fact, it is preferred that applicants have no piloting experience.

All qualified applicants will be given the opportunity to have a fly in an aircraft as part of the selection process. These trial instructional flights will be offered at a discounted price of just \$85 inc. GST.

A short-list of applicants will then be invited to meet with representatives of the Aero Club and Central West Flying to discuss the reasons they would like to be able to fly an aeroplane.

When the same scholarship was offered in 2010 there were 135 applicants. 6 made it on to the short-list and the scholarship was awarded to Stannies student John Downey. John has since finished high school and joined the RAAF where he is training to become a RAAF pilot with the ambition of becoming a fighter/fast jet pilot.

Applications are now open and the trial flights will be offered in December and January. Applications can be made by completing the form on the CWF website at www.centralwestflying.com/scholarship

John Downey photo & quote regarding this scholarship is on next page.

Contacts for media for further information:

Chris Stott
Chief Flying Instructor
Central West Flying
0418 223694

John Nicoll
President
Bathurst Aero Club
0414 426421

IMPORTANT DATES TO REMEMBER

**Monday 5th December, 2016 – P&C Meeting – Common Room – 6.00pm
Combined School Carols – Hall – 7.00pm**

Tuesday 6th December, 2016 – Year 7 Orientation Day (All Students)- 9.30am

Wednesday 7th December – Performance Evening – 6.30pm - All welcome to attend

**Thursday 8th December, 2016
Year 10 Celebration Evening – LHS 6.00pm – Photos in the park at 5.00pm**

**Monday 12th December, 2016
Year 7-11 Presentation Evening Ceremony – 6.30pm
Award winners notified by letter**

**Wednesday 14th December, 2016
Year 7 – 10 reports distributed**

**Thursday 15th December, 2016
Wet and Wild Excursion**

**Friday 16th December, 2016
Last day for Students for 2016**

**Monday 19th December, 2016
Staff Development day – Staff only**

**Tuesday 20th December, 2016
Staff Development Day – Staff only**

Wednesday 21st December, 2016 - Summer holidays begin

Thursday 19th January, 2017 – Uniform Shop Open 8.30am – 1.00pm

Friday 20th January, 2017 – Uniform Shop Open – 8.30am - 1.00pm

Tuesday 24th January, 2017 – Uniform Shop Open – 8.00am -10.00am

**Friday 27th January, 2017
Staff Development Day – LHS Staff only
LHS Uniform Shop Open – 8.30am – 10.00am – extended hours if required**

**Monday 30th January, 2017
School Resumes for Year 7, 11, and 12**

**Tuesday 31st January, 2017
School Resumes for Years 8, 9,10 and Support Faculty
LHS Uniform Shop Open 8.30am – 10.00am – extended hours if required**



For your fridge – Term 4 Calendar

Lithgow High School Calendar - Year 2016 TERM 4					
Month/ Week	Monday	Tuesday	Wednesday	Thursday	Friday
Dec Week 1	9 5 P&C Meeting 6pm – Common Room Combined Christmas Carols – Hall - 7.00pm	6 6 ▶ 7 Orient Day 9.30am Hall	7 Performance Evening 6.30pm	8 Year 10 Celebration Evening – 6.00pm Hall	9
Dec Week 2	10 12 Presentation Evening Year 7 - 11 – 6.30pm Award Winners Only	13	14	15 Wet and Wild Excursion	16 Last day for Students for 2016
Dec Week 1	11 19 School Development Day	20 School Development Day	21 Summer holidays begin	17 Summer holidays	18 Summer holidays



*We hope you have a lovely, safe
Christmas break*