



*Lithgow High School*



## NEWSLETTER

3<sup>rd</sup> August, 2018

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# Miranda's Anzac Scholarship Tour



**See page 15 for full report on the Tour**

# PRINCIPAL



Welcome back to Term 3, this term is quite busy with the finalisation of Preliminary courses, major excursions for some and the beginning of Subject Selection for the 2019 school year. We have started the term with year 12 completing the first session of the trial exams, students are encouraged to work hard in the lead up to the second session in week 5. All of year 10 commenced work experience this week with the support of many local businesses. At the conclusion of work experience, year 10 students can look forward to the ski trip excursion in week 3. The school has had a smooth start to the term and students have settled in well. The school will be targeting partial attendance this term and students are reminded of the PBL focus 'right place, right time'.

## Leaders Induction Ceremony

On Tuesday 7<sup>th</sup> August our Leadership Induction Ceremony will be held to officially induct the leaders for 2018 - 2019. The groups include the School Captains, School Vice Captains and Prefects, House Captains and Vice Captains, Students Representative Council (SRC) and the Peer Mediators. I would like to wish them all the best for the year ahead and look forward to supporting the valuable work carried out across the school.

I would also like to take this opportunity to thank the outgoing leaders of the school. They have all done a fantastic job and have been fine representatives for Lithgow High School.

## Stage 4 and 5 subject selection

On Tuesday 14<sup>th</sup> August at 6.00pm in the hall year 10 students and their families are invited to the **Year 11, 2019 Subject Selection Evening**. Students and parents will be informed on the process for selecting a pattern of study in the senior years. There are mandatory requirements that students need to fulfil and all of this information will be presented during the evening. Students and parents will also have the opportunity to discuss individual options with Head Teachers during the evening. It is important that all parents of year 10 attend this evening to assist their child with selecting an appropriate pattern of study that will set them up best for success in their senior study.

Students in years 7, 8 and 9 will receive elective booklets for 2019. Students are encouraged to take information home and discuss with their parents. The elective choices will give them an indication of what study pathways they may choose in stage 6.

## Year 11

Year 11 are into a very busy term that will see the conclusion of their Preliminary Study. This term they will complete all of their assessment requirements for the Record of School Achievement and move into the HSC course in Term 4. The students are advised to keep up with their study and ensure that they plan any assessments, making use of the staff in the school library during the day in study periods and also the afternoon study time on Mondays and Thursdays 3.30pm-5.00pm. Year 11 are to be aware that they are required to complete all aspects of their Preliminary Courses in order to move into the HSC Year.

*Matt Quirk – Rel Principal*

## DEPUTY PRINCIPAL

### Year 12



**Trial HSC** - The first group of Trial Exams has been successful and students are preparing for the next group of exams in Week 5. It is important that students continue to study and make use of the resources in the school. This includes the Tutors in the Library and the Year 12 teachers who are available to give feedback when necessary. It is important to be aware that if you miss an exam you will need to follow it up with an illness and misadventure application. Relevant documentation will be required to complete the process. Please discuss this with the Deputy Principal or Careers adviser if you have any questions.

**School references** - Year 12 students will be issued with applications for references at the next year meeting. I would like to encourage all students to make use of this recommendation. The hard work and participation over the years should be acknowledged and recorded for future reference. A reminder that these applications are due at the end of Week 5.

*Karin Mawhood*

**Next P & C Meeting is at 5.00pm on  
Monday 6<sup>th</sup> August  
in the Hall Foyer  
You are all very welcome to attend,**

*We are pleased to extend a special invitation to  
Parents/Caregivers, friends and family to attend our*  
***School Leaders Induction***

## ***Ceremony***

**Tuesday 7th August**

**9.30am – Hall**

**&**

## ***Subject Selection Evening***

**Tuesday 14<sup>th</sup> August**

***For all students in***


***Year 10 going into Year 11 in 2019***

**Hall 6.00pm - 7.00pm**

***Please come along and support the Subject Selection  
of your child into the senior years***




*Lithgow High School*  
Promoting Excellence In A Caring Educational Environment




Senior Maths students



Art Express 2017 – Joshua Stait



Additional Tuition with Senior Tutors



Senior Technology lesson

**Year 11 2019 Course Information Evening**  
***Delivering the Broadest Curriculum in the Lithgow Valley***  
**Tuesday 14<sup>th</sup> August 2018**  
**6.00pm – 7.00pm – School Hall**  
Year 10 students and parents from all schools are encouraged to attend  
*We provide opportunities for everyone*

- Wide range of academic and vocational offerings
- High level of technology access and integration
- Excellence in creative and performing arts

• All day, every day, additional tuition for all senior students including after school Monday - Thursday

Telephone: 63 52 1422 Fax: 63 53 1081 Email: [lithgow-h.school@det.nsw.edu.au](mailto:lithgow-h.school@det.nsw.edu.au)  
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# INVITATION LITHGOW HS CAREERS EXPO



WESTERN SYDNEY  
UNIVERSITY



Lithgow High School would like to extend a  
special invitation to parents and our Lithgow  
Community to visit our on-campus Careers Expo

**Wednesday 5<sup>th</sup> September**  
**10.00am – 2.00pm**

**Specific Information Sessions**  
**During the day**

Over 20 stalls including Universities,  
ADF, TAFE, Apprenticeship Australia,  
UAC, and local Trade Industries

Rsvp: [rebecca.hamment@det.nsw.edu.au](mailto:rebecca.hamment@det.nsw.edu.au)  
or Phone LHS office on 63 52 1422



**Sarina Russo**  
**Apprenticeships**

LITHGOW HIGH SCHOOL PH: (02) 63 52 1422 FAX: (02) 63 53 1081



## Careers Expo at Lithgow High School for our entire community on Wednesday 5<sup>th</sup> September

The Lithgow High Careers Expo aims to provide the students in the Lithgow and surrounding community an opportunity to access information from a wide range of organisations. These organisations and the information will assist students with planning their transition from school, in their subject selections and in developing their aspirations for the future.

There are a large number of universities and tertiary study providers attending who will provide information about the courses offered, application process, scholarships and life at university. We also have a significant number of apprenticeship providers and employment organisations who will have information on accessing apprenticeships, trades and industry based jobs.

UAC (Universities Admissions Centre) are attending and will be presenting an information session for Year 10 students about subject selection, they will also be presenting a session to Year 12 students about the university application process, early entry and other schemes that are available.

Parents and community are invited to attend the Expo and information sessions throughout the day. More details about the information sessions will be available soon, and will be published on the school's Facebook page, and sent home with students.

Photo from last year's Careers Expo



*Rebecca Hamment* – Careers Advisor

# ***Introducing our 2018 - 19 School Leaders***

## ***William Casson – School Captain***



I like the supportive community that is Lithgow High, as well as the types of people you meet. I chose to become a leader so I could help improve on the qualities of the school I enjoy. LHS has let me go and explore many open days and a range of subjects to prepare me for school and after school. As a leader I would like to achieve a range of things, from improving our social community including how we talk to one another and our overall cohesiveness as a school, to implementing new things that help the school grow as a whole. In the future, I see myself travelling the world and then potentially becoming an engineer or pursue teaching as careers. But the future isn't set in stone so we will find out when I get there.

## ***Ebony Seymour – School Captain***

Lithgow High School is an amazing school that has given me many opportunities to grow in all aspects of life. The school is so diverse and has something to offer for every different type of student, being one of the reasons I chose to become a school leader. After being in SRC I wanted to continue to be in a leadership role throughout the school and running for captains and prefects and being lucky enough to have received a position on the leadership team has allowed me to do that. Having a leadership role means I can contribute my ideas and suggestions to the school to actively help it become an even better environment for all the students and staff.



Lithgow High School has numerous opportunities offered to all students, many of which I have gratefully benefitted from. I have had the chance to be a part of SRC, the debating team, the netball team and swimming whilst representing the school, the high school has also given me opportunities to help enrich my learning, having staff members stay back after school to help students such as myself study.

During my time as student leader I am hoping to positively contribute to the school, and hopefully give back some of what the school has given me. The opportunity I have been given will allow me to help cultivate a school environment in which every student feels like they belong.

In the future I see myself taking advantage of all these wonderful opportunities I have been given and hopefully achieving my aspirations and goals, taking with me everything that I have learnt during my years at Lithgow High School.



## *Tom Luchetti - Vice Captain*



I love our school, it's such an amazing place to be and learn. I enjoy the wide variety of subjects that are available, allowing every student to succeed in the field they are most passionate about. The teachers are awesome and are constantly there helping and pushing us to succeed. I wanted to become a school leader to speak up for all students in the school, no matter what their circumstances and hopefully be a positive role model for the younger students. Oh, and I really wanted one of those fancy pants blazers!

Lithgow HS has given me so many opportunities that it would be impossible to put them all down on paper. It has allowed me to pursue some really great subjects that I enjoy. I have been involved in countless extracurricular activities including school sporting teams, Robotics team, STEM opportunities, debating and public speaking, world skills, numerous leadership roles and that's just to name a few. I want to be able to sustain an ambitious school environment full of strong minded students determined to be successful. As a school leader, I hope to represent the school well in all events and I want to encourage the tradition of the fun sporting and academic activities that maintain the student and teacher morale around the school.

In the future my aim at this stage is to go to University to study Engineering, I'm just not entirely sure of which degree, mechanical, electrical or civil, but whatever road I take I know that LHS will have prepared me for whatever life throws my way and for that I will always be grateful that I attended LHS!!!

## *Amber Shaw - Vice Captain*

I enjoy the friendly and relaxed environment at Lithgow High School. The school provides activities for everyone, allowing students to participate in STEM subjects, performing arts, academics and sport. As a student at Lithgow High School I have learnt to have confidence in myself and seize every opportunity available. I put myself out there to become a school leader so I could hopefully give back to the school, taking on new responsibilities and challenges.



Lithgow High School has provided me with opportunities to improve my leadership and communication skills through the SRC. Explore future career paths by providing events that are engaging and exciting. Most importantly, I have had the opportunity to create friendships and forge relationships with teachers that have made my experience at Lithgow High School extremely enjoyable.



As a school leader, I hope to improve the negative outlook many students have about school. I believe if we think positively about school and support each other's learning we have a greater chance of reaching our goals and succeeding outside of school. I aim to collaborate with my peers to create opportunities for others and strengthen the school community.

After school I am planning to attend university and hopefully move to Sydney. I'm still unsure of what I would like to study, however I'm currently considering a medical profession as I believe I would find it fulfilling and rewarding. I am presently focusing on doing the best I can at school to achieve an ATAR that will allow me to explore a wide variety of opportunities for my future.

## *Kellsey Charlton – Prefect*



I like that Lithgow High offers many sporting as well as academic opportunities for all students to become a part of, there is a wide range of activities that suit everyone at the school. I wanted to become a school leader to give back to the school and help to make it a place that all students feel accepted and want to learn. Being part of different groups in my previous school years helped me to see how rewarding it can be.

LHS has given me many opportunities to participate in sporting teams and become more informed about different areas in life during courses and excursions. During my time as a student leader I would like to help promote a positive learning environment and continue to improve the school making it a place where people feel accepted and as if they are able to come to school and enjoy every day. In the future I would like to attend university. I hope to complete a degree in either business marketing or law and go on to a career where I enjoy what I do.

## *Mitchell Beltran- Prefect*

I chose to become a school leader as I want to try and make LHS as good as I can. I want to have more responsibility and I thought the leadership team would be a great place to start. Some of the opportunities LHS has given me include sporting representation, elective choices, multiculturalism throughout the school and many real life experiences. During my time as a school leader I hope to leave a mark on the school in implementing new targets and goals for the school, leaving a good name for our school. In the future I hope to attend university and use the skills I have learnt from LHS to help me do so.



## *Tania Sa- Prefect*



I love the school's diversity in people and subjects; I wanted to become a school leader to help people. I want to help everyone feel welcome, happy and safe and to hopefully be a good example for the younger stages.

During my time at LHS I have been given so many opportunities to learn many different topics, subjects and techniques in things I'll be able to use in my day to day life from programming computers to writing an essay.

As a school leader, I'd like to help as many people as I can and help really make the school a more friendly, fun learning environment. I just want everyone to be happy and feel better and I hope I can help achieve that during my time on the prefect team.

In the future, I really hope to become a teacher, either history or English. I really like the idea of inspiring people and helping them learn something new and hopefully teach someone else. But I'm also really interested in computers and engineering so maybe if the whole teaching thing doesn't work out I would love to do something in that field.

## *Clive Franklin – Prefect*

My time so far at Lithgow High has helped me realize what direction I want to go in life; and also to appreciate each detail from the canteen food to the teachers' help. I have tried to make the most of my time here, which is why I decided to be a Prefect, and I am grateful for the effort that LHS has made when it comes to organising school excursions, work experience and swimming carnivals (Lawson). Lithgow High has been a welcoming community full of memories and I have gotten to know many people since year seven, which only feels like yesterday.



In the future, I am planning on facing the workforce with the required knowledge to succeed, although I'm still deciding what specific field to study.

## *Morgan Stoneley - Prefect*



What I like about LHS is that it caters for everyone and allows people to explore their interests. There are so many different areas for different people and we have programs to ensure everybody is happy and safe, like the anti-bullying program. I guess what I really love about Lithgow High is that it's an environment where people can feel safe to express themselves and learn without judgement. I chose to become a school leader so I could help improve our school, LHS has given me many opportunities and I would like to give back to the school by helping to make changes that would benefit future years and by being someone that people can go to, to express their ideas for our school.

LHS has given me many opportunities such as competing in the schools netball team, being part of school musicals, and given me leadership skills from peer skilling and peer support, as well as allowing me to explore my different interests through the school's various electives.

As a leader I would like to make sure our school stays a safe learning place with vast opportunities, and make changes that will make the school a place where people can come to deal with their problems or issues.

I'm not really sure where I see myself in the future though I would like to continue learning after school through university and hopefully become someone who can be proud of myself and my achievements.

## *Ethan Pringle - Prefect*

What I like about LHS is that it gives students plenty of opportunity to further themselves across all areas in the school. I decided to become a school leader due to Mr Mantei asking me to.

Lithgow High has given me plenty of opportunities through sport and academics like competitions run by UNSW, etc. The opportunities that I have been given by the school have made me a better person, and given me more academic qualifications when applying for jobs.



As a leader, I would like to try to make a safer learning environment for everyone. It would make things a lot easier for learning and hopefully student behaviour.



I'm not too sure, the future seems pretty daunting but hopefully in the future I'll in a job that I enjoy.

## *Miranda Swift- Prefect*



I believe Lithgow High school is a place of opportunity. There are so many brilliant teachers that show so much compassion in ensuring you are learning to the best of your ability and grabbing every opportunity that is available. I chose to become a leader for so many reasons, predominately because I am proud to be a part of this supportive community and look to do the best I can for the school before I move on.

During my time here at Lithgow High school I have been given the chance to represent the school, region and state in tennis. I have also debated as well as participating in press club and senior tutoring. Recently I was also given the incredible opportunity to travel across the other side of the world to study history as part of a New South Wales Veteran Affairs scholarship. This was beyond amazing and without the support from my teachers it would not have been possible. As the new prefect, I will aspire from the support that has been given to me and pass it onto my younger peers.

In my future I aim to move out of Lithgow and attend university. My ultimate goal is to break the stereotype of men in STEM subjects by excelling in a civil engineering degree and eventually continuing to travel as part of my passion for history.

## *Lachlan Roach - Prefect*

I find that the general atmosphere around the school is very welcoming. I chose to become a school leader because I would like other students to get to know me. Lithgow High School has allowed me to represent the school in a variety of sports and the school has given me the opportunity to develop my leadership skills by captaining one of these teams over a number of years. I have also been given the opportunity to try many new things I never thought of trying before such as snowboarding. I would like to be seen as a positive role model to the other students at this school and to further improve my leadership skills. In the future I hopefully will be living a healthy life, still playing my sport and attending university to help me secure a well paying job.



# DEPUTY PRINCIPAL



Education &  
Communities

## Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

### What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

### The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

### Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.







### **My child won't go to school. What should I do?**

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

### **What might happen if my child continues to have unacceptable absences?**

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

### **What age can my child leave school?**

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

### **Working in Partnership**

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

**If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.**

Further information regarding school attendance can be obtained from the following websites:

### **Policy, information and brochures:**

Please visit the Department of Education's *Policy library*

### **The school leaving age:**

Please visit the Department of Education's *Wellbeing and Learning* website

### **Do you need an interpreter?**

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 512

[www.dec.nsw.gov.au](http://www.dec.nsw.gov.au)

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NSW Department of Education and Communities



# Premier's Anzac Scholarship Tour

Earlier in July I travelled to London, France and Belgium with all expenses covered to represent NSW on behalf of veteran affairs, alongside 20 other students from the state. We were also joined by three elected teachers, a representative of veteran affairs and Brad Manera, a war historian.



The PAMS scholarship focused on following in the footsteps of the Anzacs of World War I. We went along the Western Front and visited countless Commonwealth memorials, as well as German cemeteries left because of farmers finding remains on their properties. We also went to London, and despite the focus being war, visited classic tourist destinations like Buckingham Palace and the Natural History Museum. Flying into London we went to countless hotspots. We watched the changing of the guard and walked through Parliament Square. We also visited Hyde Park where Australia holds a memorial for their fallen, alongside the Duke of Wellington saluting the horse he was awarded after defeating Napoleon in the Battle of Waterloo (1815). We then caught the Eurostar into Lille, France. We travelled to countless memorials, but a highlight of my time here was visiting the Australian Corps headquarters where Sir John Monash ultimately planned the battle of Hamel that later led to victory in World War I. The group also went to the internationally recognised centenary of Hamel, which was broadcast on Australian television. Before leaving, I had the privilege of honouring a fallen 17-year-old soldier whose body is still missing in the farmland of France. He lost his life in the Battle of Frommels; now deemed the most devastating 24 hours in Australian history.

We also stood on the German pillbox (bunker) where Hitler hid after having his eardrum blown as a messenger in World War I.

After spending a few days in France, we caught a bus to Belgium. Here we visited Polygon woods. This was by far my most favourite and most emotional location of the

tour. After exploring the woods, we found a German pillbox that young Anzacs invaded in 1917. They took multiple young Germans as prisoners and against morals and warfare law, murdered them. As a group we scattered the ashes of letters in which Australians wrote to a loved one that they had lost at war in the war memorial at Canberra. This recognised the impact of war and how severely it can change someone as well as remembering the bravery of our soldiers. We then walked down to the Polygon Wood Cemetery where so many adolescent soldiers are buried and said our thanks.



Winning the scholarship and going over seas with strangers was daunting at first but turned out to be the most amazing experience I have ever had. It has completely changed my idea of war and its impact on society as well as making me incredibly grateful to be Australian and apart of the Anzac legacy.



*Miranda Swift - Year 11 Student*



## Mr Michael Morgan's dedication to the NSW Teachers Federation has been recognised with Life Membership



Mike Morgan is a shining example of how you can make a difference by standing up for what you believe.

Throughout his 30-year career, Mike Morgan has been an activist at all the schools where he has taught. In his first year of teaching, in 1988, he became involved because he believes the strength of teacher unions is grassroots representation and democracy.

Mike began his teaching career at Ingham State High School in North Queensland and joined the Queensland Teachers' Union (QTU). At his first local meeting, he was informed there was a vacancy on the North Queensland Area Council. In 1991, Mike moved back to his home state of NSW to teach for six weeks at Lake Cargelligo Central School in the Central West before being offered a permanent position at Baradine Central School. When he attended his first meeting of Baradine Teachers Association, he was elected as President. Towards the end of that year, Mike also found himself as the Fed Rep at the school.



In 1994, Mike moved to Lithgow High School where he became involved in Federation activities. He worked with Fed Rep Gary Purcell as part of a team that went head-to-head with state and federal MPs and even education ministers and premiers about teachers' salaries. Their encounter with Bob Carr's country cabinet meeting in Lithgow in 1995 led to Mike being interviewed by a Channel 7 reporter, and he didn't let the opportunity slip to spout the Federation line about fair funding and fair pay rises for public school teachers. Perhaps his Soviet fur ushanka hat also contributed to him standing out!

In 2008, Gary Purcell decided to step down prior to retirement and Mike moved into the role of the Fed Rep, a position he held until 2017. He has always been a great support for teachers in his schools and has never turned away requests for advice from Fed Reps in other local schools.

In the Lithgow Teachers Association, Mike has taken on many roles, including correspondence secretary, publicity officer and from 2008 President. In the 2007 federal election, Mike was the Lithgow Teachers Association representative of the Lithgow Your Rights at Work Committee. In his capacity as Lithgow Teachers Association President, he addressed local school P&C meetings about the impact of decisions on local school communities. In 2018, Mike's work was recognised when he was awarded life membership of Lithgow Teachers Association, which almost rendered him speechless (no mean feat if you know Mike).

When he arrived in Lithgow, the position of Lithgow Teachers Association Councillor became vacant and Mike volunteered to fill the role. This was the beginning of his Federation activity beyond Lithgow. During his time as Councillor, he has always tried to bring the perspective of a country teacher to Federation Council. As a science teacher, he has represented Federation on consultative committees for science syllabuses, helping to ensure the perspective of public school teachers and students is taken into account.

He has also made his mark on how the union operates as a member of the Rules and Structures Committee over 20 years, and with his five years on Federations Executive.

Mike has demonstrated that persistence is one of the keys to success and if you think you can make a difference, don't give up.

*NSW Teachers Federation*

# COMMUNITIY LIAISON OFFICER

A reminder of why attendance is such an important factor in educational success, with such rich lessons, missing school can leave students feeling far behind and a little lost. Whilst it is important for students to stay home when ill, good attendance is crucial for good educational outcomes.

**The Raising Children Network** is a complete Australian resource for parenting. This site has information, tools and resources for parents of students in the pre-teen and early teen years. Australian Government supported, it helps teens make informed choices on many topics including Cyber Bullying, Social Media and Puberty. All content is quality assured.

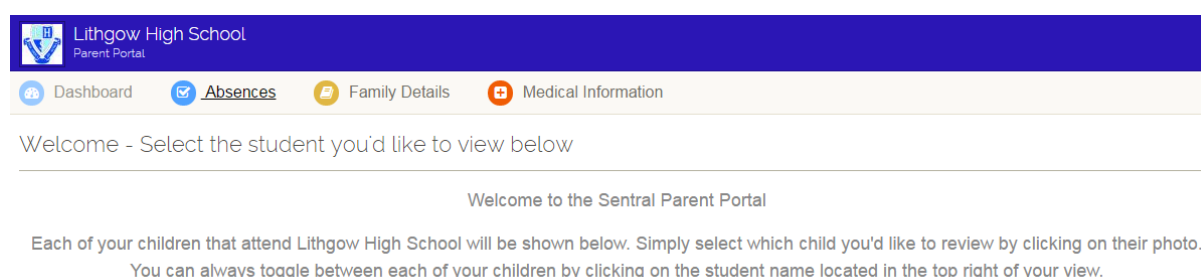
<http://raisingchildren.net.au>

## Parent portal – student absences:

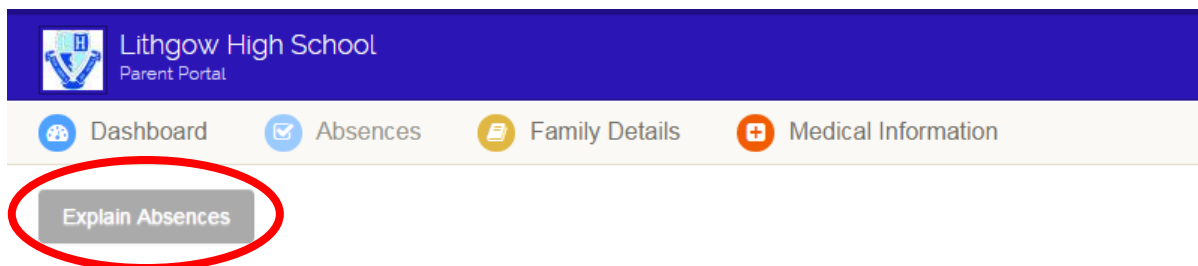
The school continues the text messaging, this efficient method of informing parents of absences for their children via Sentral SMS or email. Parents will receive a notification that they can directly respond to by replying with their absence sick or leave and the reason.

Alternatively, parents can explain absences through the **parent portal**. Information for this is listed below:

When you log into the parent portal, on the welcome page there is a tab called '**absences**'. Click on this tab to move through to the list of absences for your child.



Once in the '**absences**' tab, you will see a list of any absences for your child. All you will need to do is to click upon the absence and record the reason for the absence. This information is then transferred to the attendance module for the school office to administer.



If you are having any difficulty with this process, please do not hesitate to contact the school for further assistance.



Stay up to date with notifications, announcements and organisation of our school on our official Facebook page.

Please like and share our page with anyone who has children attending Lithgow High School.

We will endeavour to keep building our Facebook Community to ensure that school information is quick and effective for all parents.

*Sam Luchetti - CLO*

## Join the Lithgow Youth Council

"Youth Council is an opportunity for young people to work on issues that are important to them and make a difference in their community.

It's a great stepping stone for youth leadership and they also get a reference from Council after they have served for one term (approx.. 8-10 months).

Youth Council's next meeting will be held at Lithgow Library, 157 Main Street in the upstairs meeting room from 4pm-5pm on Tuesday 21 August 2018".

Please see Miss Hotham if you are interested in becoming part of the Lithgow Youth Council team.



# YEAR 10 ARE ON THE JOB



We have had a wonderful week with over 120 Year 10 students participating in Work Experience. Students have completed a work experience preparation program during their careers lessons throughout Term 1 and 2 and then were able to use this knowledge for their Work Experience week on the job. During the week, students have gained valuable experience, which will assist them in the choices they will be making in completing the next years of school. Some of the Work Experience opportunities students were able to experience in large organisations included **Thales, Lithgow Hospital, Australian Reptile Park**, Engineering and Electrical at **Springvale Coal Mine** and **Energy Australia** as well as retail roles at **Bunnings** and many other local businesses. Many students were involved in Hospitality roles at the **Lithgow Workmens Club** and many of our local cafes. There are a great number of other career areas that students have been able to explore throughout the week. The Lithgow business community have been extremely supportive of this program and Lithgow High would like to extend their thanks to the businesses and organisations who were able to have a student this year.



*Rebecca Hamment – Careers Advisor*

# Expect Respect Program

## Expect Respect - Responding to conflict and bullying

Students are being encouraged to use the newly introduced "STOP/WALK/TALK" strategy when they experience conflict and bullying from their peers. The student is encouraged to:

STOP: tell the person to stop their actions and behaviour

WALK: the student should then walk away from the perpetrator

TALK: they are then to find a staff member and inform them of the interaction and how it made them feel.



This strategy is being used to minimise further conflict between peers. A student reporting bullying will be asked if they used STOP/WALK/TALK and will be encouraged to use it for future incidents.

Students can support their friends and peers by encouraging the use of the STOP/WALK/TALK. By reminding friends involved in

conflict to use this strategy, they are being a positive active bystander and contributing to a safe and respectful school environment for all.

## SPEAK UP! Box

Students can also report antagonising/bullying behaviour and conflict through the SPEAK UP! box. This allows the students to submit their concerns about peer behaviour, anonymously if desired. They can select what action they would like to be taken, such as peer mediation, councillor/Year Advisor referral, and so on. Peer mediators check the SPEAK UP! box daily to address student concerns promptly. If students are struggling to talk to a teacher about their concerns, the SPEAK UP! box allows them to raise the issue in a less stressful way. The SPEAK UP! box is located outside the deputies offices in Zig Zag building.

*Erika Marlin - Program Team Member*



# Medical Scholarship



Congratulations to three of our brightest Year 11 students who were all recently awarded a scholarship to participate in a one-day immersion program experiencing 'A Day in the Life of a Medical Student' at the School of Medicine, University of Notre Dame in Sydney.

The students attended lectures run by medical staff on topics integral to the medical degree and participated in activities such as suturing, resuscitation skills, plastering and medical examination. The day culminated in four teams competing in a 'Medical Olympics'.

What a fabulous opportunity for these bright Year 11 students as part of the Rural and Aboriginal Students' Advocacy program.

*Photo supplied*

## SPORTING SCHOOLS GRANT

As a part of Sport, Year 7 will be participating in a Tennis Program over the next 8 weeks. Lithgow High were fortunate enough to gain a 'Sporting Schools Grant', which aims to develop their skills in sport. The program also encourages students to gain a long-lasting relationship with sport and to promote an active lifestyle. We have made good use of our softfall outdoor learning space, thanks to the kind donation of Mr Phil Duncan, ex-student and school patron. We are very grateful for his continued support of our school.



*Shane Conroy – PDHPE Teacher*

# Sport Report

Yesterday our Girls and Boys U15's Basketball teams competed in the first round of the Knockout competition in Bathurst. Congratulations to both teams, you all played well and should be very proud of your efforts.



Sophie Swift, Hayley Ranse, Cordy Lloyd, Sabrina Cox

## Girls

v Kelso - won 39-27, v Canobolas - won 47-29

They won their pool and had to play Bathurst to go through to the next round. They were defeated 31-36, and unfortunately will not progress to the next round.

**Team:** Camryn Jones, Bethany Newsome, Meleke Jenkins, Kaylynd Howard, Cheyenne McDonald,

## Boys

v Kelso - won 55-24, v Canobolas - won 42-34

They won their pool and had to play Bathurst to go through to the next round. They won 55-43 so they are through to the next round of the competition.

## Well done boys!

Riley Hart, Hutch Evans, Hayden Rodham, Dayne Houlison, Cooper Egan, Lachlan Thompson, Callum Flynn, Zeke Evans (Kade Inwood absent)

Thank you to Mr Lloyd for coaching both of the teams and thank you to Mr Cox for the team photos!



*Mrs Farebrother - Team Manager*



# Up Close

With

# MISS SALADINE

**Full Name:** Amanda Saladine

**What is your role at Lithgow High?** PDHPE Teacher

**What is your favourite colour?** Purple

**What schools did you go to?**

K-6 St James Primary, 7-9 St Josephs Aberdeen, Yr 9-10 St Peters Maitland, Yr 11 St Marys Maitland and Year 12 La Salle Academy Lithgow

**What is your favourite Movie?** I have a few: Blindsight, Drop Dead Fred, My favourite characters are BMAX (Big Hero 6), Olaf (Frozen)

**What annoys you in class?** Phones

**What are your hobbies outside of school?** All sorts of sports, mainly hockey; socialising, playing with my puppy Finn

**Describe yourself in three words:**

1. Fun
2. Caring
3. Committed

**What is your greatest achievement?** Representing Australia in the Country Hockey Team 2008-2013, Graduating University, Training my beautiful Border Collie puppy! He is now 1 ☺

**What did you want to be when you were a kid?** Unsure

**Do you have any nicknames?** Sal

**What is your greatest fear?** Breaking Bones

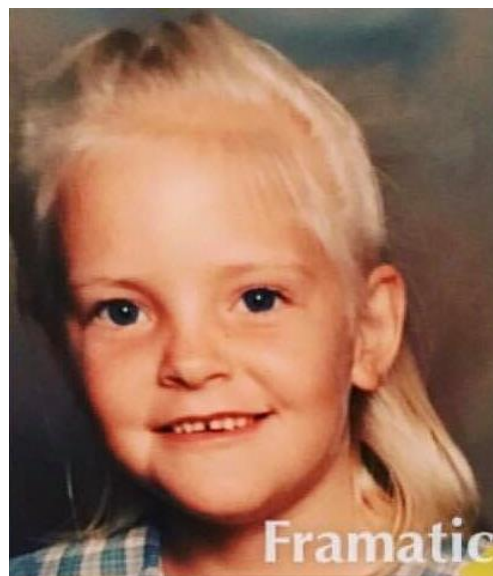
**How long have you been teaching?** 12 years

**Rate yourself on the following (1-10)**

**Driving:** 9

**Sport:** 8

**Shopping:** 0



*Cloe and Ashley Robinson - Press Club*

# School Robotics Team are always looking for new members



Our robotics team, the “Blast Furnace Bots”, are starting up again and we are always looking for more students to come along and learn about what we do and how we made it to the FIRST Robotics Competition in 2016 and 2017. If you are interested, there are meetings every Tuesday in the STEM room (E26). There are many different jobs for students to assist in and it is not always about

the robot itself. We have a media team, fundraising team, students who code the robot (so, computer programming) and students who are engineering parts and working on the electrical circuits, it is a real team approach. We hope you might consider coming along and checking out what Robotics is all about.....We hope to see you there and it is a lot of fun!!

## APAG AFTERNOON TEA

Our APAG afternoon tea for Aboriginal Parents and Carers is on Thursday afternoon 9<sup>th</sup> August from 4-6pm in Z11. This is a great opportunity to meet the staff who work with your children and to learn about the cultural programs we offer our Koori students at Lithgow High and answer any questions you might have about your child's progress. Refreshments and child care will be provided.

All are welcome, hope you can make it!



*Rosie Galloway*

# SENIOR TUITION - REMINDER



**Reminder, Senior Tuition** is available daily during Student's Study Periods in the Library, providing assistance with Assessment Tasks and Study Techniques in all subject areas.

Our school survey has shown that **HSC results improved for students who studied effectively in the Library in the previous years.**

The library/tutoring will be supervised from 3.30pm – 5.00pm on Mondays through to Thursdays afternoons with tutors and teachers available each day.

We are here to provide Support, Motivation and Stress Management during the Senior Years. A variety of resources are available for students to borrow

## Donation to Science

A huge thank you to **Mr John Capaldi** and his family for their very kind donation of Science equipment to our Science faculty. There is a great variety of items including, microscopes, scales, glassware/hardware that will be used in Chemistry, Biology and Science practical lessons. Our students will get a lot of use out of these items, thank you!



***At Lithgow High School we are:***

- ♦ **RESPECTFUL**
- ♦ **RESPONSIBLE**
- ♦ **SAFE**
- ♦ **LEARNERS**



# On this day from the HSIE Faculty

## On This Day in History - 3rd August



### 1492 - Columbus Sets Sail

From the Spanish port of Palos, Italian explorer Christopher Columbus sets sail in command of three ships—the Santa Maria, the Pinta, and the Nina—on a journey to find a western sea route to China, India, and the fabled gold and spice islands of Asia.

On October 12, the expedition sighted land, probably Watling Island in the Bahamas, and went ashore the same day, claiming it for Spain. Later that month, Columbus sighted Cuba, which he thought was mainland China, and in December the expedition landed on Hispaniola, which Columbus thought might be Japan. He established a small colony there with 39 of his men. The explorer returned to Spain with gold, spices, and “Indian” captives in March 1493 and was received with the highest honors by the Spanish court. He was the first European to explore the Americas since the Vikings set up colonies in Greenland and Newfoundland in the 10th century.

*Andrew Finlay - HSIE Teacher*

## SCHOOL UNIFORM CLOTHING DRIVE

Over the course of this Term, the SRC will be collecting school uniforms to give to students in need at our school.

If you have any school clothes that you no longer wear it would be a great benefit to the school if you could bring them in.

You can drop your old uniforms at the Office, the Deputy Principals Office and B33 at Roll Call.

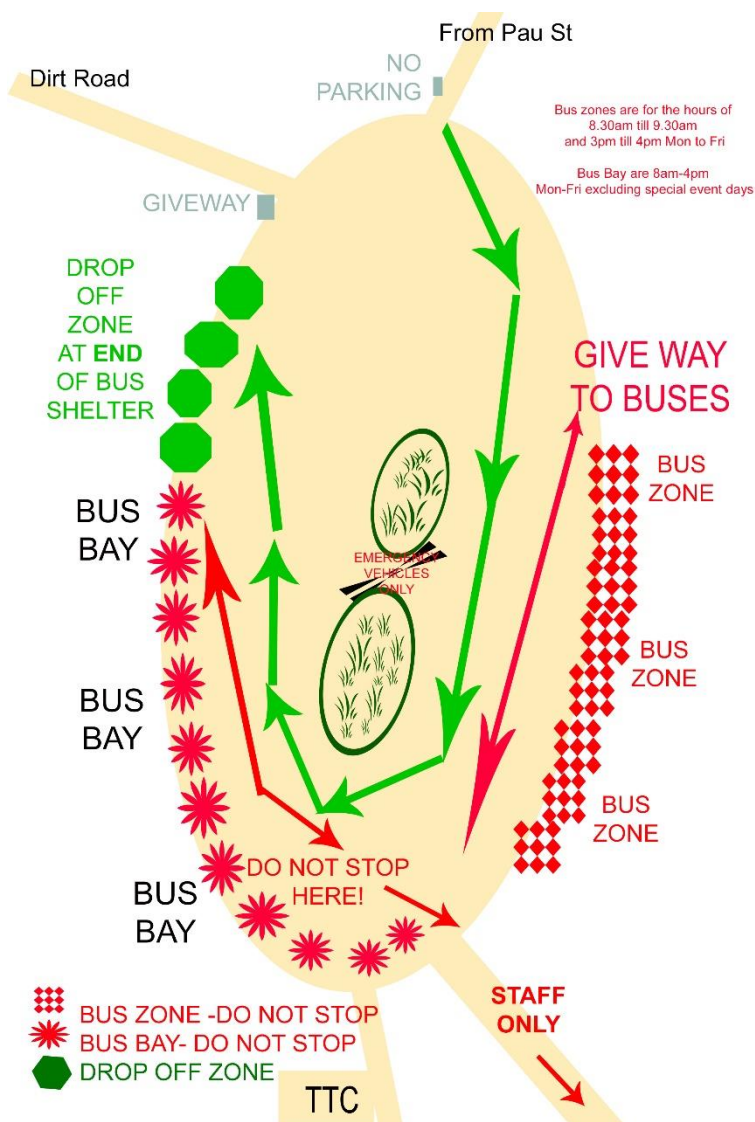
We also encourage students who are unable to obtain a school uniform to see a deputy or Miss Hotham.

This initiative will be a great support to the school community and our fellow students, which is why it is so important to get involved. We will be collecting uniforms all term so you have plenty of time to get your clothes in!

*Ryan Bird & Logan McManus - SRC Representatives*



# IMPORTANT SCHOOL NOTICE



Please be aware that a marked police car visited the school on a recent school morning. They reported that many of the cars entering the school had parked illegally. They indicated that they would be back in a couple of weeks to issue tickets to drivers not following the clearly marked signs (\$325 and 2 demerit points). Please remember that this area is for buses and that there are 800 students leaving and entering the school on any given day. Their safety is a priority for the school and law enforcement.

# SCHOOL ZONE

## Parking Infringements

**SCHOOL ZONE**

8 - 9<sup>30</sup> AM  
2<sup>30</sup> - 4 PM  
SCHOOL DAYS

40



**NSW Police Force**



**Roads & Maritime**

<http://www.rms.nsw.gov.au>

*School Zone Infringements as at 30<sup>th</sup> January, 2018*



STOP

**\$183**

+ 2 demerits

P

**\$330**

+ 2 demerits

NO STOPPING

**\$330**

+ 2 demerits

BUS ZONE

# IN THE COMMUNITY

## Applications are invited for the Hoskins Lithgow Scholarship for 2019

The Scholarship is:

- For a resident of the Lithgow local government area who is an Australian Citizen under the age of 26 on 1<sup>st</sup> July 2018. It is not restricted to Year 12 students.
- To fund tertiary studies (course fees and related costs) up to a maximum of \$30,000 paid over the duration of the course.

### **Timetable for the 2017 Scholarship:**

Applications open: Monday 16<sup>th</sup> July 2018

Applications close: Friday 10<sup>th</sup> August 2018

Applications are to be postmarked no later than Friday 10<sup>th</sup> August 2018 and posted to:

**The Scholarship Secretary**

**Helen Lee**

18 Blaxland Street

Hunters Hill NSW 2110

Interviews for shortlisted applicants will take place from Friday 6<sup>th</sup> September.

Application forms can be downloaded from the scholarship website:

[www.hoskinslithgowscholarship.org.au](http://www.hoskinslithgowscholarship.org.au)

For more information, please see your school's Careers Adviser Mrs Rebecca Hamment or contact the Scholarship Secretary, Helen Lee, on 0402 126 263 or email: [help@hoskinslithgowscholarship.org.au](mailto:help@hoskinslithgowscholarship.org.au)

**Last year two LHS students jointly won this prestigious scholarship**

## THE EMOTIONAL SURVIVAL KIT

*Created by Psychotherapist Jennifer Edwards, the ESK is like having your own personal counsellor for any situation. Use it to:*

- Promote self awareness & emotional freedom
- Gain understanding in relationships of any kind
- Increase self worth and inner strength
- Pin-point how you are feeling
- Move forward from feeling 'stuck'
- Learn how to live life with more happiness, peace, freedom and respect



### THE EMOTIONAL SURVIVAL KIT

*A box set of 22 beautifully presented, easy to use, strength based cards that provide you, your family and friends with on-going, helpful support whenever and where ever it may be needed...*

**COST: \$24 PER KIT.**

**ORDER THROUGH [www.emotionalsurvivalkit.com.au](http://www.emotionalsurvivalkit.com.au)**  
(pay through PayPal) or by calling Jennifer Edwards  
Counselling and Psychotherapy on 0404 531 555

### PRIVATE COUNSELLING

- Learn who you really are, rather than who you are 'supposed' to be
- Improve your relationship with yourself
- Understand your close relationships with others and how to improve them
- Learn how to support yourself emotionally
- Feel stronger, freer, clearer and more connected to yourself
- Learn to make choices & decisions from a place of self awareness



**JENNIFER EDWARDS**  
Counsellor/Experiential Psychotherapist  
Dip. Couns. (Counselling)  
Ph: 0404 531 555 HARTLEY

**Call me on 0404 531 555 to make a time to suit you (I am based in Hartley)**

Or email me at [jennifer@emotionalsurvivalkit.com.au](mailto:jennifer@emotionalsurvivalkit.com.au) [www.emotionalsurvivalkit.com.au](http://www.emotionalsurvivalkit.com.au)





## *Thank you to our valuable VIVO Rewards Local Sponsorship Partners:*

**Zambrero, Lithgow Technologies, Lithgow Golf Club,  
Workies, Sportspower, Eve Lithgow, Aqua Blitz - Lake  
Lyell, Subway - Main Street, Cruze Driving School,  
McDonalds Lithgow, Centennial Coal, Lithgow Lions Club,  
Barry F Cosier, Lithgow Bowling Club,  
Lithgow Musical Society &  
Reliance Bank**

**Great work to everyone this term, keep earning the rewards will come**

## **VOLUNTEERS REQUIRED IN OUR CANTEEN**



**We still require more volunteers to  
help in our Canteen!!!**

**You can put your name on the roster  
once a month or just when you have  
a spare few hours. The hours are  
10.45am - 1.45pm. Our volunteers  
do not have to handle the money or  
know the price of our items.**

**All profits made in the canteen are donated back to the school by our  
P&C Association. If you can help, we like to see parents, grandparents,  
carers or extended family members, please ring Evonne on 6351 2308**



**Need some driving lessons? Cruze**



**Driving School  
is available for  
lessons,  
contact Gabby  
on**

**0404 644 089 to book your lesson  
now!**

## **Vivo Sponsorship Deal**



**SUBWAY MAIN STREET VIVO SPONSORSHIP  
DEAL**

**COME IN YOUR SCHOOL UNIFORM -  
LITHGOW HIGH SCHOOL STUDENTS**

**BETWEEN 3.20PM - 5.00PM**

**BUY ONE FOOT LONG SUB AND A LARGE  
DRINK**

**AND GET ONE SIX INCH **FREE****

# Scholarship



Congratulations to ex-student, **Emma Guffogg** on recently receiving a Teachers Federation Scholarship. Emma left Year 12 last year and has gone on to University at Charles Sturt Bathurst studying a Bachelor of Education K-12 with a major in English. There were 15 scholarships given out on the day and only two first year scholarships offered, congratulations on your achievements. Emma is pictured at the award ceremony in Sydney with Mr Morgan, LHS Science Teacher and Federation Representative.

## Lithgow Halloween



EXPERIENCE AUSTRALIA'S  
BIGGEST HALLOWEEN  
STREET PARTY

LAST SATURDAY IN OCTOBER  
MAIN STREET, LITHGOW

Follow us @lithgowHalloween  
1300 760 276 [www.halloween.lithgow.com](http://www.halloween.lithgow.com)

Lithgow Council is looking for students from Lithgow High School to volunteer in this year's Halloween celebrations. There are many roles available, please see Ms Hotham for further information.

	<b><i>IMPORTANT DATES TO REMEMBER</i></b>
<b>Monday 6<sup>th</sup> August</b>	<b>P&amp;C Meeting – Hall Foyer – 5.00pm – All Welcome</b>
<b>Tuesday 7<sup>th</sup> August</b>	<b>Leaders Induction Ceremony – 9.30am</b>
<b>Wednesday 8<sup>th</sup> August</b>	<b>Stage 4 &amp; 5 Subject Selections Year 10 Snow Trip</b>
<b>Thursday 9<sup>th</sup> August</b>	<b>APAG Meeting – Staff Common room Year 10 Snow Trip</b>
<b>Friday 10<sup>th</sup> August</b>	<b>Phil Duncan Scholarship Application Open Year 10 Snow Trip</b>
<b>Tuesday 14<sup>th</sup> August</b>	<b>Year 10 into Year 11, 2018 Subject Selection Evening</b>
<b>Wednesday 15<sup>th</sup> August</b>	<b>Year 7 Project Presentation</b>
<b>Thursday 16<sup>th</sup> August</b>	<b>Special Work Experience – Emirates Resort Wolgan Valley</b>
<b>Monday 20<sup>th</sup> August - Monday 27<sup>th</sup> August</b>	<b>Year 12 HSC Trial - Group 2</b>
<b>Thursday 30<sup>th</sup> August</b>	<b>Year 8 English Assessment due Year 10 English Assessment due</b>
<b>Friday 31<sup>st</sup> August</b>	<b>Newsletter Issued Year 12 Marking Task 3 Assessment due date</b>
<b>Monday 3<sup>rd</sup> September</b>	<b>Peer Mediation Training Year 6 Parent Tour – 9.15am – Bookings Essential P&amp;C Meeting – 5.00pm Hall Foyer – All Welcome</b>
<b>Wednesday 5<sup>th</sup> September</b>	<b>Business Breakfast and Careers Expo</b>
<b>Thursday 6<sup>th</sup> September</b>	<b>HSC Major Work Display Evening 4pm-6pm - Hall Year 7 &amp; 8 Flipside presentation School Evaluation Team Meeting</b>
<b>Friday 7<sup>th</sup> September</b>	<b>Phil Duncan Scholarship Interviews Year 11 Task 3 – Assessment due Year 7 Extension/Enrichment Offers posted to families</b>

**If your child has represented at a high level of achievement in any vocation and you would like it acknowledged through LHS, please email the school on:**  
**[Lithgow-h.school@det.nsw.edu.au](mailto:Lithgow-h.school@det.nsw.edu.au) with the relevant information.**





## For your fridge - Term 3 Calendar

Lithgow High School Calendar - Year 2018 TERM 3						
Month/ Week		Monday	Tuesday	Wednesday	Thursday	Friday
August	3	6 P&C Meeting 5.00pm	7 2018/19 School Leaders Induction Ceremony	8 Year 10 Ski Trip Stage 4 & 5 subject selections	9 Year 10 Ski Trip	10 Year 10 Ski Trip Phil Duncan Applications Open
August	4	13	14 Year 10 into Year 11 Subject Selection Evening	15	16	17
August	5	20 Year 12 HSC Trials – Group 2 Year 6 Parent Tour 9.15am - Bookings essential	21 Year 12 HSC Trials – Group 2	22 Year 12 HSC Trials – Group 2	23 Year 12 HSC Trials – Group 2	24 Year 12 HSC Trials – Group 2 Phil Duncan Scholarship close 3.00pm
August	6	27 Year 12 HSC Trials – Group 2	28	29	30	31 Newsletter Issued
Sept	7	3 Year 6 Parent Tour 9.15am - Bookings essential P&C Meet 5.00pm	4	5 LHS Careers Expo and Business Breakfast	6 HSC Major Work Display Evening 4.00pm-6.00pm - Hall	7 Enrichment Class 2019 offers posted Newsletter Issued
Sept	8	10	11	12	13	14
Sept	9	17 Year 11 End of Course Final Exams - Hall	18 Year 11 Final Exams - Hall	19 Year 11 Final Exams - Hall	20 Year 11 Final Exams - Hall	21 Year 11 Final Exams – Hall
Sept	10	24 Year 11 Final Exams – Hall	25 Year 11 Final Exams – Hall Year 12 PA Auction assembly	26 Year 11 Final Exams – Hall	27 Year 12 Sign out day and 12 PA Day/Fun Day	28 Year 12 Graduation 9.30 - Hall – All Welcome Year 12 Reports issued Last day of Term 3

Please note - dates and times may be changed without notice, the above dates are only a guide to the events of Term 3.