



*Lithgow High School*



**NEWSLETTER**

28<sup>th</sup> February, 2020

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# Swimming Carnival

## WENTWORTH WINNERS



See page 18 for a full report and results from the swimming carnival!

## PRINCIPAL



Lithgow High School has had a busy and successful start to 2020. Firstly, I would like to welcome all new members of our school community.

In the first 5 weeks of term, we had a highly successful welcome BBQ, Year 7 Enrichment Project launch and Year 11 Assessment Evening. Year 11 and 12 have participated in the Elevate Education study days, Peer Support leaders were trained and the Year 7 Peer Support Project began this week. Rehearsals have begun for the school musical, school photos were taken and a highly successful swimming carnival was held. Congratulations to all staff and students involved in these events.

I welcome our new teaching staff: to Technical and Applied Science, Mathematics, Human Society and its Environment, PDHPE and English.

I invite and encourage parents of Year 7, 11 and 12 to make appointments for the Parent Teacher Night on 17<sup>th</sup> March in the school hall. Bookings will open on 3<sup>rd</sup> March via the parent portal. If you are unable to access the portal, please contact Sam Luchetti via the office for assistance.

Please ensure your contact details are up to date with the school. We now use email for sending information and letters to parents, so any changes to this need updating. It is extremely important that we have up to date phone numbers for parents and emergency contacts. Please contact the office to update details.

Year 12 have settled into their HSC year, and I strongly encourage all Year 12 students to study hard and use the tuition offered in the library every day and from Monday to Thursday until 5.00pm.

**Please see next page for important information about attendance procedures**

*Ann Caro - Principal*

## **LHS Attendance and Absences 2020**

Regular attendance at school is essential for students' educational achievement, and increases their career and life choices.

Parents and the school need to work together to ensure students attend school every day on time. On occasion, your child may need to be absent from school.

The Department of Education has strict guidelines around attendance.

### **Justified reasons for student absences may include:**

- Illness. [A medical certificate is required after 5 days]
- an unavoidable medical or dental appointment
- a recognised religious holiday
- exceptional or urgent family circumstances e.g. attending a funeral
- misadventure or an unforeseen event

### **Unjustified reasons for student absence or lateness**

- travel or holidays during **year 12**
- slept in
- missed the bus
- busy traffic
- birthdays
- looking after siblings
- work

If a valid explanation for absence is not received within 7 days from the first day of any period of absence the school will record the absence as **unjustified** on the student's record, **this cannot be altered after the 7 day time frame.**

### **LHS Absence procedures**

We will:

- Send daily sms messages for Whole Day absences and Late arrivals that are unexplained
- Send email every week for unexplained/unjustified absences from the previous week
- The CLO or Deputy will contact parents when frequent absence is a cause of concern.

If you have any concerns please contact Mrs Luchetti, your child's year adviser or one of the Deputy Principals on 63521422 or [lithgow-h.school@det.nsw.edu.au](mailto:lithgow-h.school@det.nsw.edu.au)

The attached brochure, Compulsory School Attendance - information for parents provides more details on the importance of compulsory schooling





# Compulsory School Attendance

## Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

### What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

### The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

### Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.







**If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.**

**My child won't go to school. What should I do?**

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

**What might happen if my child continues to have unacceptable absences?**

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

**What age can my child leave school?**

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

**Working in Partnership**

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

Further information regarding school attendance can be obtained from the following websites:

**Policy, information and brochures:**

Please visit the Department of Education's *Policy library*

**The school leaving age:**

Please visit the Department of Education's *Wellbeing and Learning* website

**Do you need an interpreter?**

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 512

[www.dec.nsw.gov.au](http://www.dec.nsw.gov.au)

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NSW Department of Education and Communities

## DEPUTY PRINCIPAL



### **Year 7 start to school**

Year 7 students have made a good start to High School. Students have settled in well and the classes are running smoothly. Students are already receiving VIVO points for good work and effort and I have already awarded Athletics certificates to Year 7 students for their work in Maths.

It was great to meet so many parents at the welcome to Year 7 BBQ on 11<sup>th</sup> February. All of the Year 7 students have made a very smooth transition into the school and have developed a wide range of friendships. Ms Hotham and we are looking forward to the Overnight Camp in Week 8. It should be a fun couple of days that promote Team Building and Leadership Skills for all students. It is pleasing to hear that nearly all of our Year 7 Students have a device this year. This provides opportunities for students to access software programs that have been purchased for students. I have been spending lunchtimes out in the playground with Year 7 getting to know them and discovering how they are settling into the new environment. I have also observed a few classes and seen the students hard at work.

*Brett Jeffers - Rlg Deputy Principal*

## DEPUTY PRINCIPAL



### **SENTRAL Operating System**

Students have all been given access to the SENTRAL System, they can access their timetable online and gain access to information around assessment tasks and class information. Students who are unsure if they have access should initially check their DoE email account, by logging into the DoE student portal and look for an email sent by Mrs Mawhood regarding SENTRAL student portal access. New students to Lithgow High School will need to see Mrs Mawhood if they have any issue with accessing their account. This information has been shared with students during school assemblies.

The parent portal is set up and parents have been emailed with their access codes. Parents will be linked to their child's information and be able to see timetables and school based documents. Parents will be able to view their child's timetable and see absence information. Parents will be able to notify the school online regarding absences through this portal, as well as make a notification to change residential information including phone numbers and living addresses as this information changes.

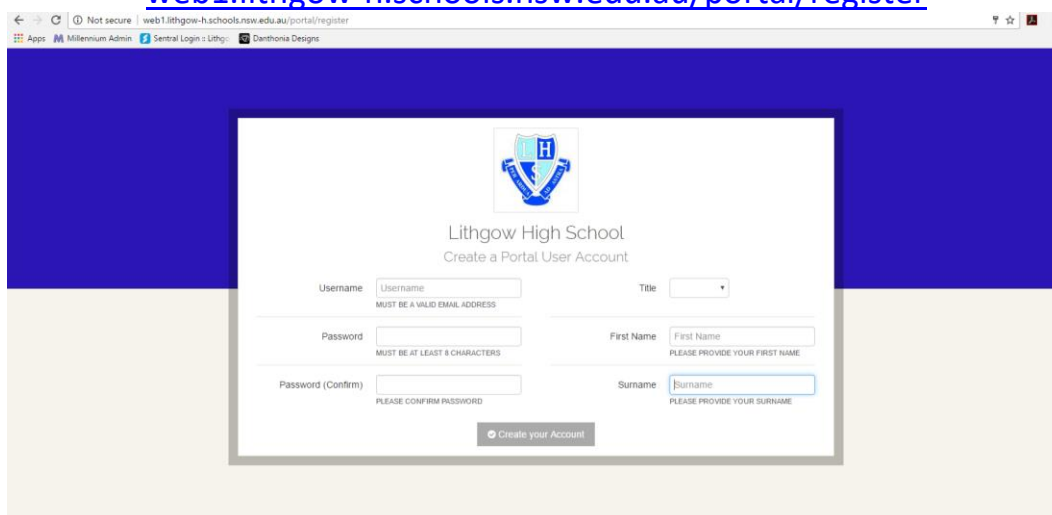
As the teaching staff are learning and becoming confident in the use of particular modules within SENTRAL, this too will become available. At present, the markbook component will not be accessible to students and parents online. This will enable time for teachers to become familiar with this module. Students will receive feedback on their work in class.

The upcoming parent interviews will be booked through the SENTRAL System, so it will be important that family information regarding email is correct. **Please ensure that your email for school contact is current. If you are unsure, you can write a note to the school office to update this information.**

The school will send out access to the parent portal via email, it possibly has already arrived into your inbox. Attached to this email is a letter with instructions and a code that will provide you with the ability to create your account. This will link you to your child's school based information.

The letter directs parents to the following URL:

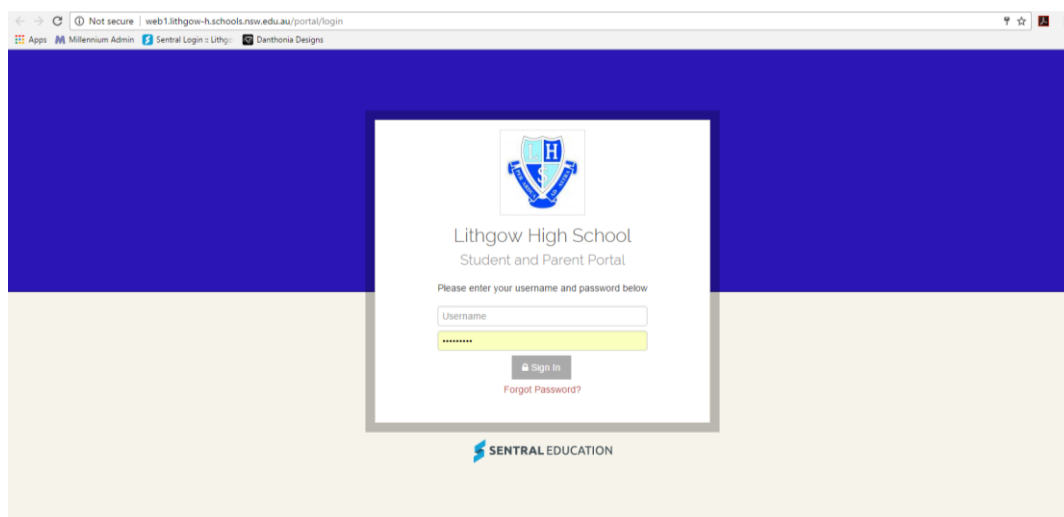
[web1.lithgow-h.schools.nsw.edu.au/portal/register](http://web1.lithgow-h.schools.nsw.edu.au/portal/register)



The screenshot shows a web browser window displaying the registration page for the Lithgow High School Student and Parent Portal. The page has a blue header and a white central content area. At the top center is the school's crest, followed by the text "Lithgow High School" and "Create a Portal User Account". Below this are several input fields: "Username" (with a sub-note "MUST BE A VALID EMAIL ADDRESS"), "Title" (a dropdown menu), "Password" (with a sub-note "MUST BE AT LEAST 8 CHARACTERS"), "Password (Confirm)" (with a sub-note "PLEASE CONFIRM PASSWORD"), "First Name" (with a sub-note "PLEASE PROVIDE YOUR FIRST NAME"), and "Surname" (with a sub-note "PLEASE PROVIDE YOUR SURNAME"). At the bottom of the form is a "Create your Account" button.

Once successful, parents will see the following page to sign in as their regular access:

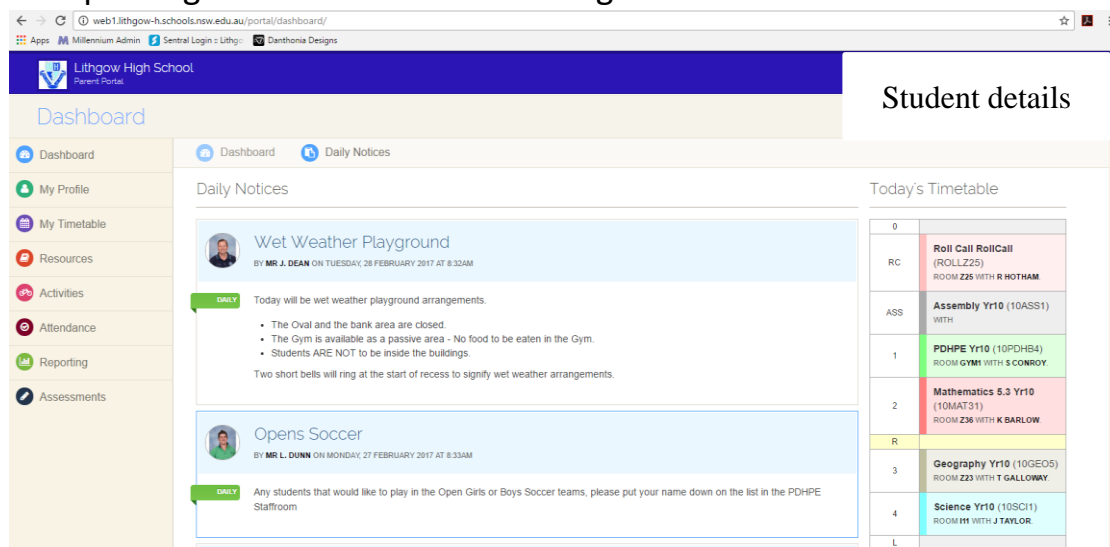
[web1.lithgow-h.schools.nsw.edu.au/portal/login](http://web1.lithgow-h.schools.nsw.edu.au/portal/login)



The screenshot shows a web browser window displaying the login page for the Lithgow High School Student and Parent Portal. The page has a blue header and a white central content area. At the top center is the school's crest, followed by the text "Lithgow High School" and "Student and Parent Portal". Below this is the instruction "Please enter your username and password below". There are two input fields: "Username" and a password field (represented by a yellow box with dots). Below the password field is a "Sign In" button. At the bottom of the form is a "Forgot Password?" link. At the very bottom of the page is the "SENTRAL EDUCATION" logo.



The parent portal gives access to the following:



The dashboard gives fast access to school notices and your child's timetable for the day. The tabs on the left side of the screen provide further information. Modules such as reporting and assessments will be further developed over time. If you have an issue with accessing the parent portal, please contact the school for further assistance.

## Year 11 Assessment

The Year 11 Assessment Evening was held on 11<sup>th</sup> February with a large number of parents and students attending the event. The presentation outlined assessment information on each of the courses offered at Lithgow High School. Each student who attended the evening received an Assessment Booklet containing information and requirements relating to the New South Wales Education Authority (NESA). There have been some changes to the number of assessments completed in Year 11 and new syllabuses implemented for a number of Key Learning Areas. The school will issue an assessment booklet to all students in year 11 over the coming weeks. They can also be downloaded from the school website under the quick links tab.

<http://www.lithgow-h.schools.nsw.edu.au/quick-links>

It is essential that students get themselves organised so that students know when assessments are due. Ms Cases can assist students with organisation and completing the assessment timetable organiser in your assessment schedules.

*Karin Mawhood*

# DEPUTY PRINCIPAL



## Afternoon/Lunch Reflection

At different times during the year, students may be issued with an afternoon or lunch reflection. If a student does not attend the reflection the Head Teacher supervising may contact you to reschedule the reflection. Reflections are on Tuesday and Thursday afternoons. Please let the Head Teacher or Deputy know if your son/ daughter is unable to attend the scheduled reflection.

## Uniform

Please be aware that jeans and tights are not part of the Lithgow High School uniform. If students are repeatedly out of uniform, an executive will complete follow up.

## Representing the school

Please remember to be polite and respectful in the community if you are representing the school or wearing the school uniform out of school hours. Issues that are reported to the school are dealt with as if you are on school grounds.

Please remember if you wish to represent the school, the following must occur:

- Cannot be on suspension
- Must be off their monitoring cards for 3 weeks
- Should have no overdue N Awards, all N Award Warnings must be redeemed
- Must have a minimum 70% attendance unless there are special circumstances.
- Demonstrate compliance with uniform requirements of the school as deemed by the P & C

*Jeff Dean*

# Distinguished HSC Achievers



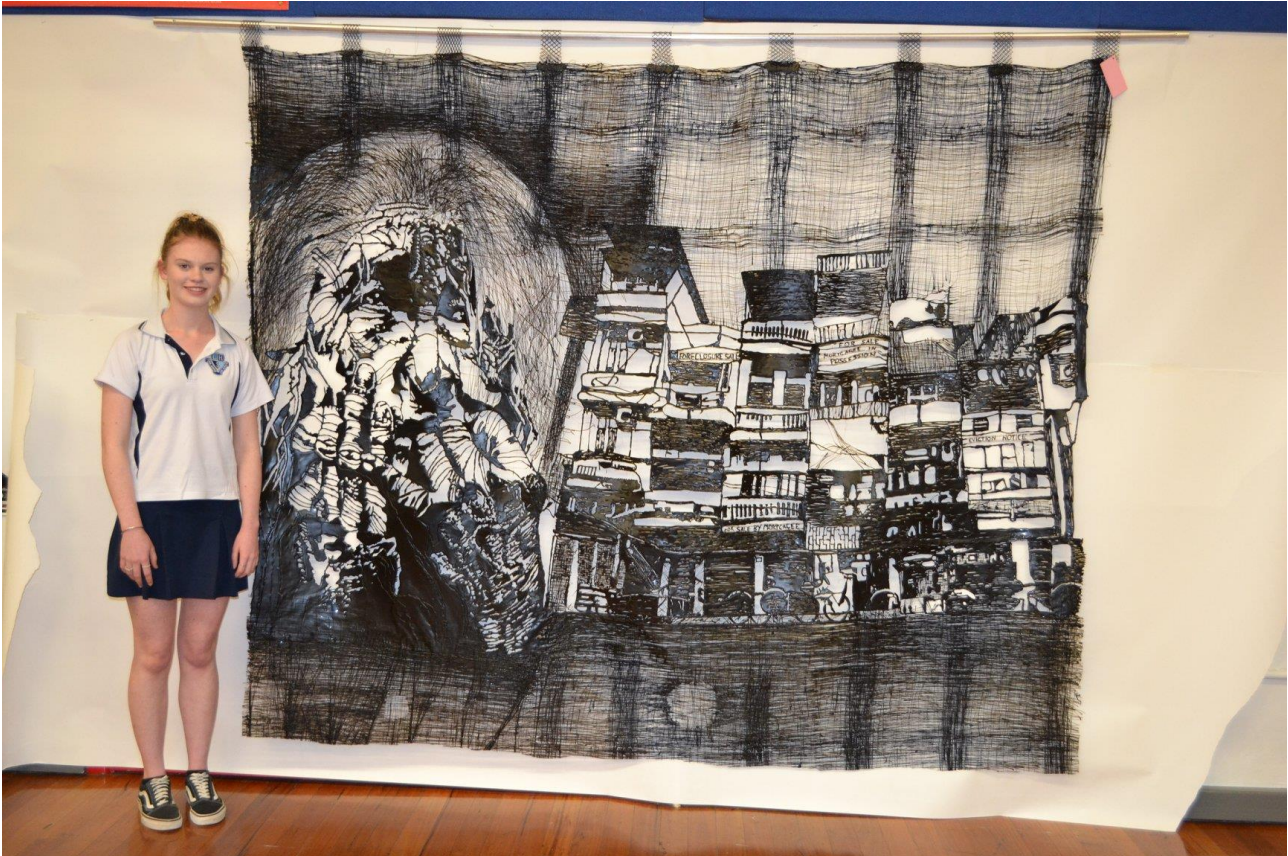
We were excited and proud to welcome back many of our 2019 HSC High Achievers to a special assembly today. It was lovely to welcome back the large group of students who achieved Band 5 and Band 6 results in their HSC, and to find out where they are heading and their future aspirations.

**Amber Shaw** received two Band 6 results and four Band 5 results with a top ATAR score of 96.65. Amber has accepted a first round offer at UNSW to study Medicine. Amber spoke to the assembly about how she achieved her top scores by having a good healthy life balance and by studying hard, doing as many past paper and exam practices as possible and having the determination to achieve her goals. She thanked her teachers for pushing her that extra mile and for supporting the year group, she also thanked the amazing assistance of the senior tutors helping her to be totally prepared for the HSC exams and for having kind words and a cuppa when required to push through the stressful times.

We were excited to learn as well as the students with ATARS above 90, a large number of students achieved scores of 80 and above and are proud to say of a cohort of 57 mainstream students, 68% received offers to study at University. We congratulate all of our Year 12 students on their fine achievements in the 2019 HSC and look forward to hearing of their future endeavours.



# LITHGOW HIGH SCHOOL VISUAL ARTS CONTINUES ARTEXPRESS SUCCESS



Artexpress 2020, showcasing outstanding artworks from the 2019 HSC, kicked off at the Art Gallery of NSW. The Art Gallery exhibition, one of five Artexpress venues, features the work of 48 students selected from 8552 students who sat Visual Arts for the 2019 HSC. The works are across a diverse range of media including painting, drawing, sculpture, printmaking, photomedia, digital forms and textiles. Lauren Trounce's work, entitled "The Social Fabric" was a bold and innovative exploration on the theme of the social dislocation of people in inner city urban areas caused by gentrification and rising property values. The work was executed entirely using black hot glue to produce a linear, woven-like hanging with fused glue threads and voids. At the gallery it has been hung about 30cm out from a wall, allowing light to penetrate and cast interesting shadows onto the white surface behind. Some of the best artworks are the result of experimentation, and Lauren's work certainly was that; it attracted the attention of the HSC markers, Artexpress curators and many of those attending the opening last night. Three other Lithgow High students have their 2019 HSC artworks displayed in Artexpress this year. Congratulations go to **Lauren, Raquel Livingston, Jessie Kouch and Caleb Barnes.**





**Caleb Barnes**



**Raquel Livingston**



**Jessie Kouch**

## TERM DATES FOR 2020

- Term 1** Tuesday 28<sup>th</sup> January 2020 to Thursday 9<sup>th</sup> April 2020
- Term 2** Monday 27<sup>th</sup> April 2020 to Friday 3<sup>rd</sup> July 2020
- Term 3** Monday 20<sup>th</sup> July 2020 to Friday 25<sup>th</sup> September 2020
- Term 4** Monday 12<sup>th</sup> October 2020 to Friday 18<sup>th</sup> December 2020

Autumn Holidays	Friday 10 <sup>th</sup> April to Monday 27 <sup>th</sup> April 2020
Winter Holidays	Monday 6 <sup>th</sup> July to Friday 17 <sup>th</sup> July 2020
Spring Holidays	Monday 28 <sup>th</sup> September to Friday 9 <sup>th</sup> October 2020
Summer Holidays	Monday 21 <sup>st</sup> December 2020 to Wednesday 27 <sup>th</sup> January 2021

### School Development Days (Student Free Days) are:

- Term 1:** Tuesday 28<sup>th</sup> January 2020
- Term 2:** Monday 27<sup>th</sup> April 2020
- Term 3:** Monday 20<sup>th</sup> July 2020
- Term 4:** Thursday 17<sup>th</sup> and Friday 18<sup>th</sup> December 2020

### BELL TIMES 2020

Normal Period Days (Mon, Wed, Thurs & Fri)		Assembly Days (Tuesday)	
Warning Bell	8.57am	Warning bell	8.57am
Roll/Reading	9.00am	Roll Call	9.00am
Period 1	9.20am	Assembly	9.10am
Period 2	10.10am	Period 1	9.43am
Recess	11.00am	Period 2	10.30am
Period 3	11.30am	Recess	11.16am
Period 4	12.20pm	Period 3	11.46am
Lunch	1.10pm	Period 4	12.32pm
Period 5	1.40pm	Lunch	1.18pm
Period 6	2.30pm	Period 5	1.48pm
End of Day	3.20pm	Period 6	2.34pm
		End of Day	3.20pm

### School Office Hours during school terms



# Warm Welcome for our New Teachers



**Back: Ian Mitchell, Daniel Stern, James Bruce, Ben Boss-Walker, Jake Hannus  
Front: Shannon Foley, Jessie Luchetti, Brodie Forbes, Lauren Carolan, Shashi Chaudry**

## Jessie Luchetti - English

Hi, my name is Jessie Luchetti and I am born and bred in Lithgow, NSW. In 2019 I completed studying a Bachelor of Education (K-12) with a Major in English at CSU in Bathurst. I completed my Secondary Education at Lithgow High School and I am excited to start my first teaching job back at Lithgow High. I am passionate about sport (hockey) and supporting our local community. This year I am looking forward to working with the Lithgow High students and staff.

## Lauren Carolan – Science/Agriculture

After growing up in Sydney and studying agriculture at high school, I decided to move to Wagga Wagga for university. I studied a Bachelor of Agriculture for 3 years and then spent the next 2 years completing my teaching degree. I moved to Lithgow in December of 2019 with my fiancé, horse, and two pet chickens. I'm really enjoying LHS so far and have been spending a lot of time down at the school farm to keep building on the hard work of Jon Abbott and the Ag teachers before him.

## **Shannon Foley - PDHPE**

My name is Shannon Foley and I am currently in my second term at Lithgow High School in the PDHPE faculty. I chose to study PDHPE teaching at CSU in Bathurst because I am passionate about health, sport, and educating the younger generation. I enjoy playing sport and am currently involved in hockey, league tag, touch football, squash and golf. While at Lithgow High School I am excited to further develop knowledge in my faculty area, as well as continue to strengthen my rapport with the students.

## **Ian Mitchell – HSIE & Support**

Hello, my name is Ian Mitchell from Bathurst. My background includes government organisations as well as being affiliated with Charles Sturt University (CSU) as an academic, tutoring in History, Politics, Philosophy, Business and Law. My focus at CSU was on the Indigenous Academic Success Program, promoting initiatives in line with 'Closing the Gap' policies. I started at Lithgow High School this year, in the Support and HSIE Faculties. My teaching disciplines are History, Legal Studies, and Society & Culture, with experience in Geography, Government, Business, Law, and Justice studies. I am looking forward to being part of the Lithgow High School community.

## **Jake Hannus - Mathematics**

I was born in Adelaide and moved to Orange when I was quite young. After completing school in Orange, I undertook a bridging course in Bathurst and went on to study teaching in Wagga Wagga. I am a passionate AFL and cricket fan. In December 2019 I moved to Lithgow with my fiancée to start work at LHS. I'm really enjoying my first few weeks at LHS and can't wait to see what the rest of the year brings.

## **James Bruce – Support**

Last year I worked as an SLSO at Lithgow High and really enjoyed the experience. I had previously worked in local government and bring a wide range of experience from the world of cultural community services. This year I decided to make the leap into teaching and am settling in well in the support faculty. When I'm not at school I enjoy kicking the round ball and attending trivia nights.

## **Daniel Stern – HSIE**

My name is Daniel Stern and I'm completely new to the teaching profession! I have just completed my teaching degree at the University of Sydney and I'm looking forward to a long and fulfilling career as a History and Aboriginal Studies teacher. Despite being so young, I've had some rewarding and eye-opening teaching experiences in a diverse range of contexts - from a remote Aboriginal Community in Arnhem Land to a prestigious private girls school on Sydney's North Shore - which have given me valuable skills and perspective that I've brought here to Lithgow. I'm really looking forward to getting to know the students and becoming a part of this amazing school community.

## **Shashi Chaudhry- TAS**

Hi all, my name is Shashi Chaudhry. I have taught for 20 years in many schools in Sydney. I always wanted to move to a small regional town, so chose Lithgow High School. I am teaching in the TAS faculty and will be teaching mainly Food Technology and Technology Mandatory. I am looking forward to meeting all of you at some stage and getting to know Lithgow community.

## **Ben Boss-Walker - Mathematics**

I started teaching in 2009 at Jindabyne Central School in the Snowy Mountains region. Since then I have taught in a number of schools in the Central West after moving to this area in 2015. I started teaching at Lithgow High School in Science in 2018 and then moved into the Mathematics department teaching classes from Year 7 to Year 11.

## **Brody Forbes - TAS**

I was a student at Lithgow High School. I attended the University of Newcastle where I completed a Bachelor of Teaching Technology. While I was at University, I competed in tennis at the University Games on the Gold Coast. After I finished University I returned to teach at Lithgow High School where it has been a bit odd seeing all my old teachers and calling them by their first names. I have really enjoyed teaching here over the past few weeks.



# Swimming Carnival

Lithgow High School held their annual swimming carnival on the 14<sup>th</sup> February. The festivities started with some healthy house rivalry in the form of a March Past. The March Past was judged on a series of criteria such as use of house colours, organisation of the team, house participation and the war cries of each house. The morning session was occupied by official swimming events where students from all age groups participated in freestyle, breaststroke, backstroke and butterfly. We would like to recognise the effort of each and every student who participated in these events. Novelty events were greatly enjoyed on the day with notable competition in the Tug - O - War, T-Shirt Relays and, all-time favourite, the Cork Scramble. Year 12 put together some fantastic synchronised swimming routines which featured creative uses of broccoli and pool noodles.

After an enjoyable sunny day the house points were close with Lawson coming 4th on 448 points, Oxley coming 3rd on 573 points, Blaxland narrowly placing second on 591 points and Wentworth claiming the victory on 643 points. We would like to thank all the staff and students who made the swimming carnival a positive and enriching experience.



*Kristy Kimber – PDHPE Teacher*

## SWIMMING CARNIVAL RESULTS 2020

### HOUSE RESULTS:

Position	House	Points
1 <sup>st</sup>	Wentworth	654
2 <sup>nd</sup>	Blaxland	591
3 <sup>rd</sup>	Oxley	573
4 <sup>th</sup>	Lawson	448

### AGE CHAMPIONSHIP:

AGE	BOYS	GIRLS
12 Years	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	1 <sup>st</sup> Lillian Reeve 2 <sup>nd</sup> Ellablu Boyling 3 <sup>rd</sup> Abbey Taylor
13 Years	1 <sup>st</sup> Tyler McManus 2 <sup>nd</sup> Cohen Traish	1 <sup>st</sup> Imogen McDonald 2 <sup>nd</sup> Amelie Aldridge
14 Years	1 <sup>st</sup> Luke Doran 2 <sup>nd</sup> Nicholas Wiradi 3 <sup>rd</sup> Oliver Taylor	1 <sup>st</sup> Tayah Crook 2 <sup>nd</sup> Destiny Armstrong 3 <sup>rd</sup> Alexandra Fitzgerald
15 Years	1 <sup>st</sup> Sam Armstrong 2 <sup>nd</sup> Oscar Scanlan 3 <sup>rd</sup> Joss Arkley-Smith	1 <sup>st</sup> Hayley Wootton-Strickland 2 <sup>nd</sup> Elizabeth Cramond Shield
16+ Years	1 <sup>st</sup> Logan McManus/Matthew Stoneley 2 <sup>nd</sup> Sam Doran 3 <sup>rd</sup> Kory Pringle	1 <sup>st</sup> Kallan Phillips 2 <sup>nd</sup> Alayah Lincoln 3 <sup>rd</sup> Sarah Battersby/Faith Capomolla





# COMMUNITY LIAISON OFFICER



On behalf of the whole school community, I would like to take this opportunity to welcome all of the new families to our wonderful community school.

Our newsletter is a way for the school to inform families of events within the school, and provide some guidance regarding educational matters so we can work together to ensure all students learn, both academically and socially, in a safe caring environment. Newsletters will be delivered electronically via the SENTRAL Parent Portal, so please ensure your email is up to date.

You can also find newsletters on our website and linked to our Facebook page!!!

## Year 7, Year 11 and Year 12 Parent Teacher Evening

The Parent/Teacher evening for Year 7, Year 11 and Year 12 is scheduled for **Tuesday 17<sup>th</sup> March**. This time has been organised to give teaching staff an opportunity to meet with new Year 7 families for the first time and for Year 11 transition to Senior School and Year 12 to evaluate progress this semester. The night will commence at 4.00pm and conclude at 6.30pm.



We will once again be using the SENTRAL online booking system for parents to book their own appointments, same procedure as last year.

SENTRAL is an online data base we use to mark rolls, record student behaviour and awards. Using the SENTRAL parent portal will allow parents to access and view your child's information.

Parent access to SENTRAL portal has been sent out again this week and you will be able to book your parent/teacher appointments when the appointment times 'go live' next Tuesday the 3<sup>rd</sup> March. If you have not received an email you will need to provide the school with your current/updated email address.

We will send you an email to enable you access to the SENTRAL System.

If you require assistance, please contact **Sam Luchetti** - CLO on the school number: 6352 1422.

*Sam Luchetti*



# ELEVATE EDUCATION

Lithgow High School is continually striving to provide our students with Academic Enrichment Opportunities.

Recently we had a visit from Elevate Education to present to students from Years 11 and 12.

Elevate Education has developed a different approach to study skills. Having carried out an exhaustive process of benchmarking the study habits of thousands of past students, Elevate Education have identified a number of areas where the practices of the top students differ from average or lower performing students.

**It is their belief and experience that any student can improve their marks by tapping into, replicating and using these study skills and techniques.**

Year 11 and 12 students participated in these interactive workshops with the presenter sharing many tips and tricks to improving personal performance at school.

Mrs Cross, our Teacher Librarian would like to congratulate all students who attended, their behaviour and participation was excellent.

At Lithgow High School, we are continually striving to provide opportunities for students to achieve their personal best. Elevate Education will return on the 8<sup>th</sup> May 2020 to continue the delivery of their Senior Study program.



# Peer Leader Training Day



A few weeks ago we initiated the Peer Support Program in our school, a program designed to enhance healthy relationships and positive learning environments among the students. Year 10 students completed two days of training with **Mrs Cross** and **Miss Kimber** in preparation for Week 4 where they commenced leading Peer Support Groups for our Year 7 students.

The Peer Support Program has been implemented in Australian Schools for over 30 years, their mission being to provide schools with all the resources and training they need to bring about positive changes in their learning environments. This is Lithgow High's fourth year involved in Peer Support, and after seeing the devotion that the Year 10 students put into their training, we're confident this program will be continue to be a huge success.

Peer Support has been proven to help Year 7 students adjust to high school and enable them to excel on emotional, mental, and social levels. Because the support groups will be led by Year 10 students, Year 7 students will hopefully develop strong relationships with their leaders and see the upperclassmen not only as role models, but also as friends.

We also look forward to the benefits this program will present for our Year 10 students. Not only will Peer Support give them quality training that will be useful in all steps of life, it will also teach them how to be good mentors and role models to others.

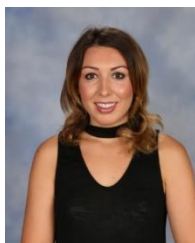
# 2020 Year Advisors

## Student Advisers

Each year has a Student Adviser who looks after the welfare and pastoral care of students in that year. Student Advisers are always available to help with any problems that you may have.



**Rebecka Hotham**  
Year 7



**Annaliese Jones**  
Year 7



**Michael George**  
Year 8



**Shane Conroy**  
Year 10



**Abigail Cases**  
Year 11



**Ross Guihot and Debbie-Lee Reilly** Year 12

## Year 7 Camp Reminder:

Our Year 7 camp will be conducted by YMCA Camp at their Yarramundi Facility, from **Wednesday 18<sup>th</sup> March to Thursday 19<sup>th</sup> March 2020.**

The overall cost of the camp will be \$190.00.

Please pay the camp instalments if your child is attending.

Payment plan is as follows: Deposit of \$65.00 due in Week 1 of Term 1; \$65.00 due in Week 3 with the final payment of \$60.00 due in week 5.

We hope to have as many students as possible on the camp and would hate to see any keen students miss out because of family circumstances. Please do not hesitate to contact Miss Jones to discuss your son/daughter's inclusion in this camp.



# Year 7 Welcome Barbeque

The Welcome to Year 7 BBQ was a very enjoyable evening for everyone who attended. The students chatted together and have already shown a great sense of cohesion.



For the adults, it was a wonderful chance to meet parents of other students and catch up with old friends.

A warm thank you to parents for attending the afternoon and making it so successful.

Please if you have a spare hour on the first Monday of the month come along to our lovely P&C meetings from 5.00pm in the Hall Foyer.

**Our next meeting is scheduled for next Monday 2<sup>nd</sup> March at 5.00pm.**

Did you know at the LHS P&C there isn't any fundraising - the Canteen is our fundraiser.....hope to see you at our next meeting.

**P & C Meeting is on next  
Monday, 2nd March  
5.00pm  
in the Hall Foyer.  
Please come along to our informal, friendly meeting and  
get to know how your new school works.  
You are all very welcome to attend.**

# Congratulations to our Year 7 - 11

## Award Recipients - Presentation Ceremony 2019

**Callie Capomolla** received several awards including Dux of Year 11. She was followed by fellow students, **Ryan Bird** and **Ashleigh Kitchner** who received the Centennial Coal Awards for 2<sup>nd</sup> and 3<sup>rd</sup> in Year 11



Our Presentation Evening was a wonderful success and we were very pleased to see all of the parents, carers and extended families sharing the celebration of our top achievers. Presentation Evening celebrates student's hard work and dedication to their studies over the year. The many awards cover Academic, Sporting, Cultural, Citizenship and other School Achievements

### Dux Awards

Year 10  
**Kyle Sheather**



Year 9  
**Thomas Schilling**



Year 8  
**Joss Arkley-Smith**



Year 7  
**Daniel Rose**





**2<sup>nd</sup> and 3<sup>rd</sup> in Year**

**Year 10 – Ashleigh Robinson and Justice Dulay (absent)**

**Year 9 Macayla Lamb and Jai Morgan**



**Year 8 – Jenna Sheather and Ella Micklesson**

**Year 7 – Tahila Van Praag and Mitchell Wallace**



**Andrei Falls, Christian Broome and Victoria Newham (absent) - Phil and Rose Duncan Senior Scholarships**



**EnergyAustralia Award for Outstanding Citizenship -**



Year 7 – **Cayden Walsh**, Year 8 – **Joss Arkley-Smith**, Year 9 – **Lily Bannan**,  
Year 10 – **Justice Dulay**, Year 11 - **Geordie Goodwin**



**Caleb Traish and Ashleigh Kitchner - Dr Judy White Memorial Scholarship**  
**Patrick Bray - C F Haywood Award Memorial Prize for History**



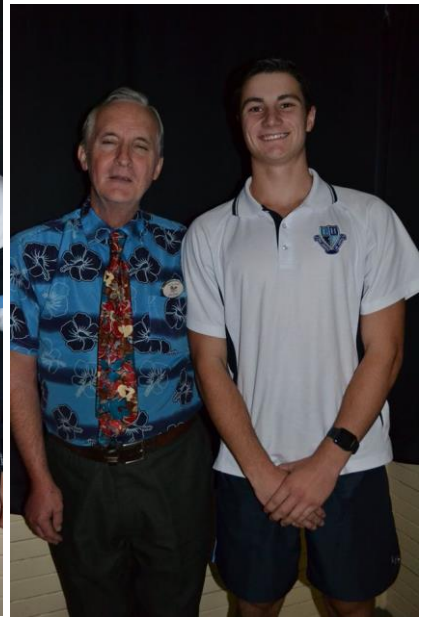
**Maggie Muir - Australian Defence Force for Teamwork**  
**Logan Poppett - Alec Stanley Memorial Award for Sciences**



**Boe Taylor** - A P Diehm Award for SRC

**Luke Thompson** - Bailey Family Award for Most Improved Academic Achievement and Sportsmanship

**Lachlan Taylor** – Garden Club Award for outstanding results in Agriculture



**Sam Doran** - Lithgow Lions Club Award for Excellence in Performing Arts

**Jenna Sheather** - Future Leaders Indigenous Award, **Sabrina Cox** - Lithgow View Club Award,



**Lithgow High School would like to congratulate all of our award recipients, your hard work has been recognised, keep up the good work.**



**Piper Anderson - Quota Club Award for Citizenship & - Kye Cameron - Rugby League**



**Josh Brown, Brayden Drury, Callie Capomolla, Luke Doran & Cloe Robinson -  
Workies Citizenship Awards presented by Geoff Wheeler**



**Thank you to all of our sponsors  
for your continued support of  
our Community School**



**Reliance Bank Youth Award for Community Involvement and Leadership**  
Year 7 - **Alexandrea Fitzgerald**, Year 8 - **Hayley Wootton-Strickland**, Year 9 - **Sam Doran**, Year 10 – **Justice Dulay (absent)** Year 11 – **Alayah Lincoln**



**P&C Encouragement Awards** - Year 11 – **Hayley Atkins**, Year 10 – **Matthew Fuller**,  
Year 9 – **Kiara Buchanan**, Year 8 – **Harley Emmott**, Year 7 – **Tayah Crook**  
**Christian Broome** - Kelvin and Robert Louder Memorial Award for Music



**Ryan Merlino** – Western Sydney University Most Improved Year 11 student,  
**Harrison Livingston** - Automotive Award for consistent effort



**Ellie Thompson-Spillane** – Blue Mountains Law Society Award, **Isaac Foster**–  
Lithgow Theatre Group Award



**Liliah Dolbel** – Andrew Gee Agriculture Award, **Charlotte Jackson** – Bunnings Award  
for Consistent application in class





Year 11 – **Ryan Bird**, Year 10 – **Andrei Falls**, Year 9 - **Ella Zorz**, Year 8 **Michael Cameron** and Year 7 **Abby Corby-Caldwell** - Vivo Student of the Year



**Kyra Phillips** – Jessica Dean Memorial Trophy Sportswoman of the Year and NSW Premier’s Sporting Medal for Consistent Effort in Sport, **Ryan Wells** – Doug Moffitt Memorial Trophy Sportsman of the Year and Western Region Blue for Athletics,



**Zeke Evans** – Western Region Blue for Basketball

Absent: **Rhiannon Marshall** - Lithgow Musical Society Award



# Whealers Online Library

Whealers Online Library is an addition to our School Library, it offers an opportunity for students to borrow books from any PC, laptop, iPhone, iPad, android device etc.

We currently have 2000+ titles ready to be borrowed with more to come very shortly. Every day we make advances in technology and finally reading has been made easy and free to access for students of Lithgow High School. For those students that do not like to come into the library and borrow physical books they now are available on a platform that most students possess.

To log on to the Lithgow High School online library go to our Oliver school library database, click on the news tab, scroll down the page and click on the Wheelers e-library link. Log in using your DET username and password.

If you are reluctant to visit our library in person, log on and please enjoy reading! For further information, see **Mrs Cross** in the library.  
<https://lhs.wheelers.co>

The screenshot shows the Lithgow High School website interface for the Wheelers Online Library. At the top right, there are links for 'sign in', 'contact', and 'support'. The main header includes the school logo and name. Below this is a navigation bar with 'Library', 'Browse', 'My Loans', 'Saved', and 'Sign In' tabs, along with a search bar and an 'Advanced' search option. A section titled 'Lithgow High School' promotes access to the eLibrary on various devices, with buttons for 'Start Browsing' and 'get the ePlatform app'. To the right, there are icons for downloading the app from the App Store, Google Play, and Windows 10. The 'Listening Favourites' section displays a row of book covers with their titles, authors, and star ratings: 'A Wrinkle in Time' (4.6/5), 'Roll of Thunder, He...' (5/5), 'Howl's Moving Castle' (5/5), 'The Boy in the Striped Pyjamas' (4.5/5), 'Into the Wild' (5/5), and 'Dracula' (4.3/5).

**eBooks anytime, anywhere** – just ask our librarians.



**Read  
without  
limits.**

### Borrowing our eBooks is as easy as

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Download the ePlatform app from your app store

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Find our library and log in using your library ID

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Browse and borrow an eBook to read on your device



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Download our eBook reading app now.



## On This Day in History from the HSIE Faculty

### On This Day in History



28 February, 1993 - USA, Waco, Texas

In 1993, a gun battle erupted at a religious compound near Waco, Texas, when Bureau of Alcohol, Tobacco and Firearms agents tried to arrest Branch Davidian leader David Koresh on weapons charges; four agents and six Davidians were killed

as a 51-day standoff began.

### Who Shot RFK?

Year 11 Modern History is currently learning about the role of podcasts as a form of public history using the case study of the Assassination of Robert F Kennedy in 1968 and the podcast series, The RFK Tapes.

This audio documentary series takes a new look at the 1968 assassination of Robert F. Kennedy fifty years after the event. For the past fifty years, authorities have claimed that the case was open and shut. Sirhan Sirhan was captured at the scene, gun in hand. He admitted to the crime and is serving a life sentence. But some say there's evidence of a larger conspiracy.



Students are working through the series and compiling evidence to make their own determination about the assassination. Did Sirhan Sirhan act alone? Was he hypno-programmed to commit the crime? What about the mysterious woman in the polka dot dress? How to account for the extra bullets fired at the scene? Is there evidence of a police cover up?

Later in the year students will have the opportunity to create their own podcast about an historical event of their choosing.

There are hundreds of fantastic, entertaining and insightful history podcasts available online. Check them out and enjoy a new way to access the past.

*Andrew Finlay - HSIE Teacher*



# Vaccinations Program

**Tuesday 7<sup>th</sup> April 2020**

Each Year NSW Health works with schools to offer the vaccines recommended for adolescents by the National Health and Medical Research Council.

Conformation of Vaccination Clinic details are as follows:

**Tuesday 7<sup>th</sup> April 2020:** Year 7-dTpa & 1<sup>st</sup> dose - girls and boys HPV  
Year 8 - dTpa and HPV- catch up of students 2019  
Year 11- Meningococcal ACWY catch up of students 2019

**Thursday 23<sup>rd</sup> July 2020:** Year 7 - dTpa 1<sup>st</sup> dose HPV catch up  
Year 8 - dTpa HPV 2019 catch up  
Year 10 -Meningococcal – ACWY  
Year 11- Meningococcal ACWY catch up of students 2019

**Wednesday 11<sup>th</sup> November 2020:** Year 7 - 2nd dose HPV  
Year 7 - dTpa and 1<sup>st</sup> Dose HPV catch up  
Year 8 – dTpa & HPV girls and boys 2019 catch up  
Year 11- Meningococcal ACWY catch up of students 2019

As the date gets closer Parent Information and consent kits will be sent home with students

***Please note: Lithgow High School only facilitate the venue. We have no records of each student's personal immunisation.***

**School immunisation is part of the Sydney Western Area Health service program.**

# GENERAL SCHOOL CONTRIBUTION AND SUBJECT

## School Contributions

Our Parents and Citizens Association support the request from parents for a General School Contribution.

Our school needs your contribution as this will significantly enhance the resources made available to students.

The **GENERAL SCHOOL CONTRIBUTION for 2020** is well below the state average for secondary schools.

Students in Years 7, 8, 9 and 10 ..... \$65 per year

Students in Years 11 and 12 ..... \$80 per year

When there are more than two children in the family, the eldest two children attending school each contribute the full amount.

## Parents and Citizens Association

Meetings are held on the first Monday of the month at 5.00pm in the Hall foyer. All parents are encouraged to attend. By being part of the LHS P&C, parents are able to ask questions and to understand and participate in the reasoning behind policies and procedures, from student welfare to school excursions. P&C members also form part of the School Evaluation Team to assist in school planning and evaluation.

### **HELP REQUIRED**

If you have any old school uniforms and would like to donate them our clothing pool, please hand in to the front office. Many students benefit from these donations.

# Information for Year 12 Students and Parents

The Board of Studies has a program to help students with practical support in their Higher School Certificate Examinations. This practical support, known as provisions, assists students to read examination questions and to write their answers.

Provisions include rest breaks and extra time. The use of any provision is not written on the student's results.

Students may need provisions for:

- a permanent condition, such as diabetes or reading difficulty
- a temporary condition, such as a broken arm, or
- an intermittent condition, such as back pain when sitting for long periods.

It is not embarrassing to apply for or use provisions. More than 5000 HSC students apply for provisions each year. Provisions help students to show the markers what they know and can do.

To apply for provisions, the school submits an online application to the Board of Studies. This application tells the Board of Studies which provisions the student is requesting and includes recent evidence. Evidence may include Medical Reports, Reading Results, Spelling Results, Writing Samples and Teacher Comments.

Much of the evidence can be collected by the school, but the parents' role is welcome and needed. Parents help by talking with the school, describing the student's needs, and providing the school with medical or other reports.

Applications for provisions should be submitted by the school to the Board of Studies by the end of Term 1. Late applications are accepted for an emergency, such as a broken arm, until the time of the examinations.

Once the Board of Studies has made a decision about which provisions are approved or declined, a decision letter is provided to the school. The school will provide the student with a copy of the letter.

If you or the school are not satisfied with the Board's decision, it is possible for the school to lodge an appeal. Appeals must state why the Board's decision is unsuitable and must include new evidence to support the appeal.

If you think that you or your child may require support in completing the Higher School Certificate examinations, please discuss the matter with the school's Year 12 Adviser, School Counsellor or Careers Adviser.

*Rebecca Hamment- Careers Advisor*



## Gate Passes

If your child needs to leave school with parents' permission during a school day, this is the information required by the school.

Student's Name, Year and Roll Class at the top of the note

Date of the Gate Pass

The reason for the Gate Pass.

The time the gate pass is for.

Parent / Carer's signature and contact

Handwritten note content:  
John Lithgow  
Year 8 Z31  
28.4.10  
Dear Sir / Madam,  
Please issue my son John Lithgow with a gate pass for 2.30pm today. He has a doctor's appointment.  
yours  
Susan Lithgow  
ph: 0411 651 755

**Please Note: Gate passes are issued from the front office from 8.30am each morning**

**At Lithgow High School we are:**

- ♦ **RESPECTFUL**
- ♦ **RESPONSIBLE**
- ♦ **SAFE**
- ♦ **LEARNERS**

# SENIOR TUITION EXTRA DAYS



**Reminder, Senior Tuition** is available daily during Student's Study Periods in the Library, providing assistance with Assessment Tasks and Study Techniques in all subject areas. Our survey has shown that **HSC results improved for students who studied effectively in the Library over the past two years.**

The library continues to be supervised from 3.30pm - 5.00pm on Mondays to Thursday afternoons with tutors and a teacher present to assist this year.

The study tutors are there to provide support, motivation and stress management during the Senior Years. A variety of resources are available for students to borrow.



# Aboriginal Students Parents Advisory Group Meeting



Parents and Caregivers of our Aboriginal students are invited to attend the Aboriginal Parents Advisory Group (APAG) afternoon tea on **Thursday 5<sup>th</sup> March at 4pm** in the staff common room (Just follow the signs).

This is a great opportunity for new parents to meet other parents and the LHS staff who are supporting our ATSI students.

Hope to you see there!

## UNIFORM



Alinta Apparel is open for purchasing the School Uniform and accessories. An added advantage to purchasing your uniform from the Uniform Shop is the financial benefit that the school receives. This allows the school to help many struggling families, providing them with the necessary uniform.

The on - campus shop provides the benefits of the latest in retail service and technology including a full range of payments and on-line shopping options and an on-line appointment booking system.

The Uniform Shop's phone number, email address, opening times and information on how to make a fitting appointment will be advertised in future newsletters.

Please check online at [www.alintapparel.com.au](http://www.alintapparel.com.au) for updates on stock arrivals and to view the price



## The Uniform Shop (02) 6352 3494

Uniform Shop business hours during school terms are:

**Tuesday and Thursday Mornings  
8.00am – 10.00am**

The uniform shop can be contacted outside of business hours by email - [lithgowhigh@alinta.com.au](mailto:lithgowhigh@alinta.com.au) .

Payments can be made direct to Alinta Apparel on the day of purchase. Alinta will take payments in the form of cash, credit card, or debit credit card.

Uniform price list & online shopping available at:  
[www.alintaapparel.com.au](http://www.alintaapparel.com.au)



## THE UNIFORM SHOP

### WINTER SALES ITEMS



Track Pants and Track Jackets are now on sale!

Discount Price: NOW \$35.00 each

Get in quick, limited stock remaining.  
Order in store, or online.

Lithgow High School Uniform Shop  
P: 02 6352 3494  
E: [lithgowhigh@alinta.com.au](mailto:lithgowhigh@alinta.com.au)



# THE UNIFORM SHOP

## IMPORTANT NOTICE: Coronavirus



Due to the recent coronavirus we are expecting a delay in the delivery of some uniform orders. We are doing everything possible to ensure the safety of our production team while at the same time working on fulfilling orders as soon as possible.

The majority of Winter Uniforms are in stock and can be purchased as normal. We advised that there will be some delays and some winter stock items will not be delivered until Term 2. Further updates will be provided as we progress through Term 1.

We thank you for your patience and understanding.

Alinta Management



## VOLUNTEERS REQUIRED IN OUR CANTEEN

We need Volunteers to help in our Canteen. You can put your name on the roster once a month or just when you have a spare few hours.

The hours are 10.45am - 1.45pm, does not have to be mum or dad it can be anyone from the extended family, nan, pop, aunty or uncles. The kids just love seeing family in the canteen!

Our volunteers don't have to handle the money or know the price of our items.

All profit is donated by the P&C back to the school. If you can help, please ring Evonne on 6351 2308



	<i>Lithgow High School's Important Dates to Remember</i>
Tuesday 3 <sup>rd</sup> March 2020	Year 7 & 12 Parent Teacher Bookings open- 9.00am Book appointments with teachers via SENTRAL. If you require assistance, please contact Sam Luchetti on the school number.
Thursday 5 <sup>th</sup> March 2020	Aboriginal Parents Advisory Group (APAG) Afternoon Tea - 4.00pm - Staff Common room
Wednesday 18 <sup>th</sup> March & Thursday 19 <sup>th</sup> March 2020	Year 7 Yarramundi Camp
Tuesday 17 <sup>th</sup> March 2020	Year 7, Year 11 and Year 12 Parent Teacher Evening Bookings via the SENTRAL Parent Portal 4pm - 6.30pm
Friday 3 <sup>rd</sup> April 2020	Newsletter Issued
Monday 6 <sup>th</sup> April 2020	P&C Meeting - Hall Foyer 5.00pm - All Welcome
Tuesday 7 <sup>th</sup> April	Year 12 Semester 1 Reports distributed to students
Thursday 9 <sup>th</sup> April 2020	Last Day of Term 1

# In the Community



**SUBWAY MAIN STREET  
SPONSORSHIP DEAL  
COME IN YOUR SCHOOL UNIFORM  
OFFERING LHS STUDENTS BETWEEN 3.20PM - 5.00PM  
BUY ONE FOOTLONG SUB AND A LARGE DRINK  
AND GET ONE SIX INCH **FREE****



**UNITED CINEMAS** Make sure you head to Katoomba if you are watching movies; please consider supporting the 'The Edge Cinema' they are supporting our Vivo Rewards program with free vouchers for our students to purchase as prizes in our vivo store!



**Need some driving lessons? Cruze Driving School is available for lessons, contact Gabby on 0404 644 089 to book your lesson now!**

## Positions Available at Lithgow Domino's



**In-Store Team Member** - In-store team member performs duties of both a Customer Service Representative (CSR) and a Pizza Maker and is responsible for providing quality customer service as well as making our delicious pizzas with pride.

**Delivery Driver** - A Domino's Driver is often the only point of contact our customers have with the store. Therefore must have good customer service skills and a safe driving record.

To apply follow the link: <https://jobs.dominos.com.au/available-positions>

Lithgow City Rangers Soccer Club will be holding their 2020 registration days / muster days at the Marjorie Jackson Soccer Complex on Monday 2<sup>nd</sup> March from 4pm until 5:30pm.

Any further information please contact Nigal Lloyd on 0409 676 019



LITHGOW THISTLE SFC 2020 MUSTER DAY Saturday, 29TH FEBRUARY, 11am – 1pm Marjorie Jackson Oval Clubroom  
Players required in all age groups from Under 6 through to Senior Ladies & Men All new & past players will be made most welcome. For more information, please phone Lorraine Keay 0419 621 426

**Lithgow Bears 2020**  
**WE WANT YOU!!**



**Come and join the Bears Family**

**Players wanted for Male Rugby League and Female League Tag team for the 2020 season. Anyone interested players come down to the Lithgow Showground on Tuesdays or Thursdays and meet the coaches and players.**

If you are 16 years old or above and wish to have a run, with a great social atmosphere, no experience necessary, please do not hesitate to contact the Lithgow Bears Facebook Page or Email the Bears at [lithgowbears@outlook.com](mailto:lithgowbears@outlook.com).

PIC-COLLAGE





# GUITAR

**LESSONS  
TUITION  
MUSIC  
THEORY  
&  
PERFORMANCE**

p : 0417 935 525  
e: [brendoncolemanguitar@gmail.com](mailto:brendoncolemanguitar@gmail.com)

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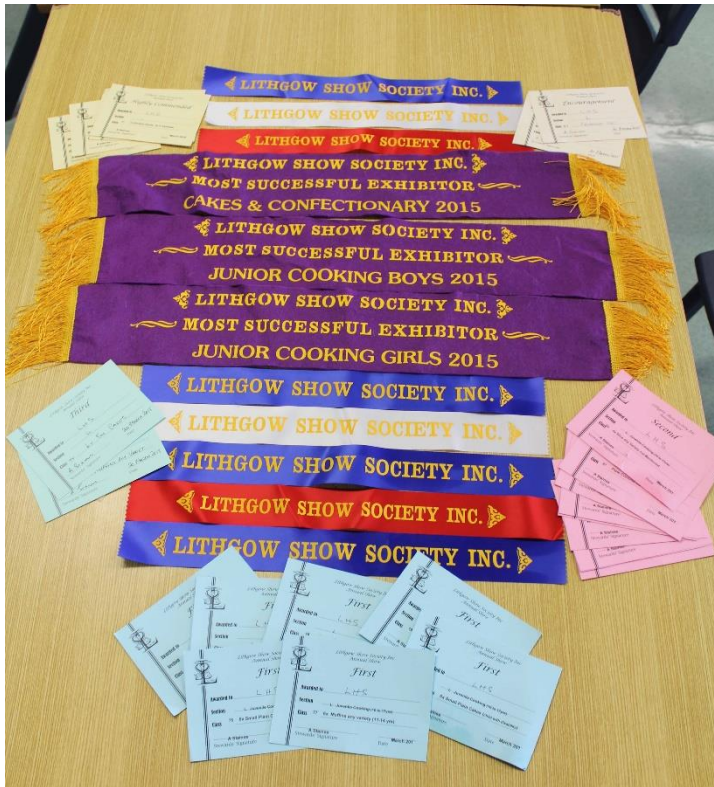


Sp Adobe Spark



# LITHGOW SHOW

Friday 20<sup>th</sup> & Saturday 21<sup>st</sup> March 2020



The Lithgow Show Society would like to invite students of Lithgow High School to showcase some of their outstanding work. Please have a look through the schedule at [www.lithgowshow.org.au](http://www.lithgowshow.org.au) for some great opportunities to enter and receive prizes. Several classes have incorporated additional age criteria in order to make the judging process fairer and to give

young people more chance to be recognised for their work.

## PRIVATE COUNSELLING

- Learn who you really are, rather than who you are 'supposed' to be
- Improve your relationship with yourself
- Understand your close relationships with others and how to improve them
- Learn how to support yourself emotionally
- Feel stronger, freer, clearer and more connected to yourself
- Learn to make choices & decisions from a place of self awareness



JENNIFER EDWARDS  
Counsellor/Experiential Psychotherapist  
Dip. Couns. (Counselling)  
Ph: 0404 531 555 HARTLEY

Call me on 0404 531 555 to make a time to suit you (I am based in Hartley)

Or email me at [jennifer@emotionalsurvivalkit.com.au](mailto:jennifer@emotionalsurvivalkit.com.au) [www.emotionalsurvivalkit.com.au](http://www.emotionalsurvivalkit.com.au)



# For your fridge - Term 1 Calendar

Lithgow High School Calendar - Year 2020 TERM 1						
Month/		Monday	Tuesday	Wednesd	Thursday	Friday
March Week B	6	2 P&C Meeting - Hall Foyer - 5.00pm	3 Parent Teacher bookings open	4	5 APAG Afternoon Tea Meeting - 4.00pm	6
March Week A	7	9	10	11	12 Selective High School Testing	13 National Day of Action
March Week B	8	16	17 Year 7,11 & 12 Parent Teacher Evening	18 Year 7 Camp	19 Year 7 Camp	20 National Day of Action against Bullying
March Week A	9	23	24	25	26	27 Year 7 Brainstorm productions 'Flipside'
April Week B	10	30 Work Placement Year 12 Construction	31 Work Placement Year 12 Construction	1 Work Placement Year 12 Construction NAPLAN Online Practice Year 7	2 Work placement Year 12 Construction Evaluation Team Meeting 3.30pm - 4.30pm	3 Work placement Year 12 Construction  Newsletter Issued
April Week A	11	6 P&C Meeting AGM - Hall Foyer - 5.00pm	7 Year 12 Reports Distributed Happy Life Fair 4.30pm Vaccination Day	8	9 Colour Run Last Day of Term One	10 Good Friday

Please note - Dates and times may be changed without notice, the dates below are only a **guide** to planned school activities

**PLEASE DO NOT PHONE YOUR CHILDREN DURING CLASS TIME AS IT INTERRUPTS LESSONS.**

If you need to contact your child, please do so during Recess or lunch breaks.

If it is an emergency contact the Office Administration and they will call you child out of class to deliver the message or get them to call you from the clinic.